

RESIDENT RESOURCE GUIDE

VETERANS VILLAGE OF CARSON

Prepared by



Housing Corporation of America

www.hcahousing.org

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IN-PERSON

After-School Kids Club

(310) 830-4925
21411 S Orrick Ave.
Carson, CA 90745
<https://ci.carson.ca.us>

The club provides youth services for boys and girls age 6 to 18. The club offers programs in arts, athletics, and academics. There are no geographic restrictions.

Angels Gate Cultural Center

(310) 519-0936
3601 S. Gaffey St., Bldg. A,
San Pedro, CA 90731
<https://www.angelsgateart.org>

Angels Gate Cultural Center seeks to foster an appreciation for arts and culture in students of all ages and experience levels by offering moderately priced community classes in various artistic mediums.

Banning Recreation Center

(310) 548-7776
1331 Eubank Ave.,
Wilmington, CA 90744
<https://www.laparks.org/>

The Banning Recreation Center provides camps, childcare, cooling centers and recreational programs for people in the City of Los Angeles. There are no geographic restrictions.

Boys and Girls Clubs of the Los Angeles Harbor - Wilmington

1444 W. Q St.,
Wilmington, CA 90744
<https://www.bgclaharbor.org>

The club provides youth services for boys and girls age 6 to 18. The club offers programs in arts, athletics, and academics. There are no geographic restrictions.

Carson Career Center

(310) 952-1762
801 E Carson Street, Room 117
Carson, CA 90745
<https://ci.carson.ca.us/>

Programs provide activities for eligible youth seeking assistance in achieving academic and employment success including a variety of options for improving educational and skill competencies also providing effective connections to employers.

Carson Public Library

(310) 830-0901
151 E. Carson St.,
Carson, CA 90745
<https://lacountylibrary.org/>

Library also providing free in-person and online homework help and various programs for kids and teens.

Harbor City Recreation Center

(310) 548-7729
24901 Frampton Ave.,
Harbor City, CA 90710
<https://www.laparks.org/>

Park Center offering the following programs: Baseball, Basketball Clinic & Program, Softball, Soccer, Girls Play LA (Ages 8 - 15), After School Club, Holiday Events, Day Camps, Class Parks Teen Club, LA Kids Classes.

Normandale Recreation Center

(310) 328-3689
22400 Halldale Ave.
Torrance, CA 90501
<https://www.laparks.org/lakids>

Park Center offering the following programs: Baseball, Basketball, Football, Soccer, Softball, Volleyball, Badminton, Girls Play LA (Ages 8 - 15), Teen Programs, L.A. Kids Program, Pre-School, and Tutoring.

Victoria Community Regional Park

(310) 217-8370
419 E. 192nd St.
Carson, CA 90746
<https://parks.lacounty.gov/victoria-community-regional-park/#>

Programming offering various classes for kids and teens such as homework help, after school-sports, and reading programs.

Art in Action

<https://artinaction.org>
Art in Action offers section with free live streaming and pre-recorded online art classes. They also offer free virtual museum tours.

Carla Sonheim

<https://www.carlasonheim.com/online-classes/>
Site that offers a section of free week-long art classes online. Classes offered range from animation, drawing, painting, and more.

Khan Academy

<https://www.khanacademy.org/>
Free, world class education for kids ages 7 and up. Program offers homework help, practice exercises, instructional videos, and a personalized learning dashboard that empower learners to study at their own pace in and outside of the classroom. We tackle math, science, computer programming, history, art history, economics, and more.

Khan Academy - Kids

<https://learn.khanacademy.org/khan-academy-kids/>
Free online program engaging kids ages 2 to 7 in core subjects like early literacy, reading, writing, language, and math, while encouraging creativity and building social-emotional skills.

Unusual Suspects

(323) 739-0768
3719 Verdugo Rd.
Los Angeles, CA 90065
<https://theunusalsuspects.org>
Theatre company offering theatre arts, after-school, and mentoring programs for Los Angeles' youth.

ONLINE

Kitchen Table Classroom

<https://www.kitchentableclassroom.com/>
Free online resource with videos and instructions on various arts and crafts projects for kids.

Learn to Be

<https://www.learntobe.org/>
Free or pay-what-you can tutoring for K-12 students. Tutors mainly offer help in math, reading, writing, science; but are open to helping with subjects outside of these areas.

SkillShare

<https://www.skillshare.com/>
SkillShare is an online learning community with thousands of classes for creative and curious people, on topics including illustration, design, photography, video, freelancing, and more.

UPchieve

<https://upchieve.org/>
Free online math tutoring for middle school and high school math. Tutoring is available 24/7.



AMENITIES



ARTS & CULTURE

Aquarium of the Pacific

(562) 590-3100
100 Aquarium Way
Long Beach, CA 90802
<http://www.aquariumofpacific.org/>
Located along Long Beach's Rainbow Harbor, the Aquarium of the Pacific is Southern California's largest aquarium for all ages. Home to more than 11,000 animal exhibits, the aquarium explores three distinct waters of the Pacific Ocean.

Banning Museum

(310) 548-7777
401 E. M St.
Wilmington, CA 90744
<https://www.banningmuseum.org>
A historical museum highlighting the Victorian Period. The Banning Museum offers guided tours and hosts special lectures, book signings, and other events throughout the year.

Long Beach Playhouse

(562) 494-1014
5021 E. Anaheim St.
Long Beach, CA 90804
<https://lbplayhouse.org>
A two-theatre house offering 13 productions throughout the year. The company offers socially significant, classic and contemporary plays.

James Armstrong Theatre

(310) 618-6339
3330 Civic Center Dr.
Torrance, CA 90503
<https://arts.torranceca.gov/>
A 502-seat theatre offering a variety of live plays, musicals, concerts, and cultural performances.

Torrance Cultural Arts Center

(310) 781-7171
3330 Civic Center Dr.
Torrance, CA 90503
<https://torrancearts.org>
The Center provides fine and performing arts programs, civic and cultural events and facilities for the City of Torrance.

Torrance Theater Company

(424) 243-6882
1316 Cabrillo Ave.
Torrance, CA 90501
<http://torrancetheatrecompany.com>
Theatre Company committed to providing affordable, professional-quality theatre productions and education.

GROCERY & DRUG STORES

Albertson's

(310) 513-1900
200 E Sepulveda Blvd.
Carson, CA 90745
<https://www.albertsons.com>

CVS

(310) 549-6500
150 W Carson St.
Carson, CA 90745
<https://cvs.com/>

Food-4-Less

(310) 549-487
851 Sepulveda Blvd.
West Carson, CA 90710
<https://www.food4less.com>

Northgate Market

(310) 549-9882
311-D W Pacific Coast Hwy
Wilmington, CA 90744
<https://northgatemarket.com>

Ralph's

(310) 518-4191
650 E Carson St.
Carson, CA 90745
<https://www.ralphs.com/>

Rite Aid

(310) 320-4534
1237 W Carson St.
Torrance, CA 90502
<https://www.riteaid.com>

Seafood City

(310) 834-9700
131 W Carson St.
Carson, CA 90745
<http://www.seafoodcity.com>

Smart & Final

(310) 328-3023
21600 S Vermont Ave.,
Torrance, CA 90502
<https://www.smartandfinal.com>

AMC Del Amo 18 Theater

(310) 921-2046
3525 W Carson St., Space 73
Torrance, CA 90503
<https://www.amctheatres.com>
18-screen movie theater located at the AMC Del Amo Theater.

Back in Time Escape Room

(424) 347-7102
23700 Western Ave
Harbor City, CA 90710
<https://www.backintimeescaperooms.com>
A live-action experience where you and your team attempt to solve puzzles, complete challenges, and decipher clues to complete the mission and make it out of the room in a limited amount of time!

Target

(310) 507-0020
651 W Sepulveda Blvd.
Carson, CA 90745
<https://www.target.com>

Walgreens

(310) 517-1851
22930 S Western Ave.
Torrance, CA 90501
<https://www.walgreens.com>

Walmart

(310) 782-6022
19503 Normandie Ave.
Torrance, CA 90501
<https://www.walmart.com>

Walmart Neighborhood Market

(424) 233-3317
20226 Avalon Blvd.
Carson, CA 90746
<https://www.walmart.com>

LEISURE

Cinemark Carson and XD Movie Theater

(310) 323-0394
20700 South Avalon Blvd., Suite 285
Carson CA 90746
<https://www.cinemark.com>
13-screen movie theater located at the South Bay Pavillion.

Color Me Mine

(310) 325-9968
2627 Pacific Coast Highway
Torrance, California 90505
<https://torrance.colormemine.com>
A paint-your-own-pottery studio dedicated to exploring The Art of Having Fun! Studio is open to children and adults.

Gardena Bowl

(310) 324-1244
15707 S Vermont Ave.
Gardena, CA 90247
<https://gardenabowl.com>

Bowling alley with a cafe, full bar & bowling leagues. Facility also has billiards and cosmic bowling.

GoKart World

(310) 834-3800
21830 Recreation Rd
Carson, CA 90745
<https://gokartworld.com>

A family amusement park providing the ultimate in recreational and competitive driving for all ages and skill levels. Along with their six go-kart tracks, you can enjoy their large video arcade and restaurant.

SkyZone

(310) 323-4500
1625 W 190th St.
Gardena, CA 90248
<https://www.skyzone.com/torrance>
A wall-to-wall indoor trampoline park for children and adults.

The Links at Victoria Golf Course

(310) 323-4174
340 M.L.K. Jr. St.
Carson, CA 90746
<https://www.linksatvictoria.com>
The Links at Victoria provides fun and exciting "links" style golf for players of any skill level. This golf course includes an 18-hole course, practice range, and lessons.

YMCA of Metropolitan Los Angeles - Torrance/South Bay

(310) 325-5885
2900 Sepulveda Blvd.
Torrance, CA 90505
<https://www.ymcala.org/torrance-south-bay>
The center provides childcare, counseling services, nutrition programs and recreational programs for residents of the Torrance/South Bay area.

PARKS & RECREATION**Carson Park**

(310) 830-4925
21411 S Orrick Ave.
Carson, CA 90745
<http://ci.carson.ca.us/>
Carson Park offers an Activity Room, 2 Baseball Fields, Swimming Pool, Gymnasium, Fitness Center, Dance Room, 2 Basketball Courts, Multi-Purpose Room, 3 Picnic Shelter Areas, Splash Pad, and Playground. No dogs allowed.

Dolphin Park

(310) 549-4560
21205 Water St.
Carson, CA 90745
<http://ci.carson.ca.us/>
Dolphin Park offers an Activity Room, 2 Baseball Fields, 1 Basketball Court, 1 Multi-Purpose Room, 4 Picnic Grass Areas, and Playground. Dogs allowed.

Korean Bell of Friendship and Bell Pavilion at Angels Gate Park

(310) 548-7705
3601 S Gaffey St.
San Pedro, CA 90731
<https://sanpedro.com/san-pedro-area-points-interest/korean-bell-friendship/>
A large, grassy park including the architecturally stunning Korean Bell of Friendship, which commemorates the Veterans of the Korean War and the consolidation of friendship between the two countries. Dogs allowed.

Victoria Community Regional Park

(310) 217-8370
419 E. 192nd St.
Carson, CA 90746
<https://parks.lacounty.gov/victoria-community-regional-park/#>
This 36-acre recreational facility features a gymnasium, three baseball diamonds, a cricket field, four tennis courts, a heated 50-meter swimming pool, and an 18-hole golf course. Dogs allowed in some spaces.

SCHOOLS & COLLEGES**Academies of Education and Empowerment at Carson Complex High School**

310-847-1455
22328 South Main St
Carson, CA 90745
<https://aee-laUSD-ca.schoolloop.com>
AEE High School strives to develop socially conscious, critical thinkers who are prepared for life beyond high school, college and careers in education, public service and computer science.

Andrew Carnegie Middle School

310-952-5700
21820 Bonita St
Carson, CA 90745
<https://www.carnegiems.org>
Carnegie Middle School strives to educate, prepare, and inspire all students to achieve their full potential as lifelong learners, critical thinkers, and peaceful, productive contributors to our global society.

Bonita Street Elementary School

(310) 834-8588
21929 Bonita St
Carson, CA 90745
<https://bonita-laUSD-ca.schoolloop.com>
Bonita St. STEAM Academy provides educational services for 545 students in Carson, California. They also provide before and after school care through The Boys and Girls Club, The YMCA, and Beyond the Bell after school services.

California State University, Dominguez Hills

310-243-3696
1000 E. Victoria Street
Carson, CA 90747
<https://www.csudh.edu>
CSUDH is a public 4-year university with a reputation for academic excellence and its diverse student, staff, and teacher population. With 44 undergraduate majors and 8 Master's programs to choose from, CSUDH prepares students to reach their academic as well as professional goals.

California State University, Long Beach

(562) 985-4111
1250 Bellflower Blvd.
Long Beach, CA 90840
<https://www.csulb.edu>
CSULB is a public 4-year university home to top-notch professors, successful alumni and diverse student population ready to take on the world with a highly regarded education. CSULB is known for creating educational opportunities, encouraging creativity and preparing the next generation of leaders.

Carson Academy of Medical Arts

310-847-1465
22328 South Main St
Carson, CA 90745
<https://amachs-laUSD-ca.schoolloop.com>
Carson Academy of Medical Arts High School fosters academic scholars and empathetic future health professionals who advocate for healthy families, healthy communities, and quality health care for all.

Carson Senior High School

310-847-6000

22328 South Main St
Carson, CA 90745

<https://www.carsonhs.org>

Carson High School will educate its diverse student population with a rigorous, relevant curriculum, bringing together personalized relationships, meaningful connections to the outside world, and consistent, proactive reflection.

Carson Street Elementary School

(310) 834-4508

161 East Carson St
Carson, CA 90745

<https://carsonstreetes-laUSD-ca.schoolloop.com>

Carson Street STEAM Academy offers quality education with rigorous standards-based instruction focusing on science, technology, engineering arts, and mathematics. Awarded the title of Practitioner 3.0 school in 2018.

Del Amo Elementary School

(310) 830-5351

21228 Water Street
Carson, California 90745

<https://delamoes-laUSD-ca.schoolloop.com>

A small neighborhood providing a rigorous learning environment and opportunities to grow socially, emotionally, and academically. A recipient of grants and donations of new technology, arts programs, and educational trips.

Dolores Street Elementary School

(310) 834-2565

22526 Dolores St.
Carson, CA 90745

<https://doloresstes-laUSD-ca.schoolloop.com>

Elementary school that has educated generations of families, including children of their staff, with a growth mindset and high expectations in a nurturing, supportive, and caring environment.

El Camino College

(310) 532-3670

16007 Crenshaw Blvd.
Torrance, CA 90506

<https://www.elcamino.edu>

Community college offering curriculum of over 850 highly regarded academic and career programs taught by exceptional faculty. Well-known for academic excellence, consistently high transfer rate to four-year colleges and universities, and exceptional career training programs.

Long Beach City College

(562) 938-3157

1305 E. Pacific Coast Hwy., Bldg. MM
Long Beach, CA 90806

<https://www.lbcc.edu>

LBCC is a two-year community college that encompasses state of the art, technology-rich learning environments, a broad range of academic and career technical instructional programs, strong community partnerships, and economic and workforce development initiatives that prepare students to be successful in the 21st century.

Los Angeles Harbor College

(310) 233-4000

1111 Figueroa Pl.
Wilmington, CA 90744

<https://www.lahc.edu>

LA Harbor College provides access to associate and transfer degrees, certificates, economic and workforce development, and adult and noncredit instruction. Their academic programs and support services ensures students become productive members of a global society.

Magnolia Science Academy Middle School

310-637-3806

1254 East Helmick St
Carson, CA 90746

<https://msa3.magnoliapublicschools.org>

Magnolia Science Academy places great emphasis on STEAM education offering students an advantage in their college and career plans. Students at Magnolia Science Academy also participate in a variety of school activities and clubs, language & culture, community service, and visual & performing arts.

Stephen M. White Middle School

(310) 783-4900

22102 South Figueroa St
Carson, CA 90745

<https://whitems-laUSD-ca.schoolloop.com>

Stephen M. White Middle School provides a nurturing environment that will motivate, challenge, and guide students through collaborative discovery, multiple perspectives, and high expectations.

SHOPPING CENTERS**Carson Town Center**

(310) 787-8510

500 Carson Town Ctr.
Carson, CA 90745

<https://ci.carson.ca.us>

Shopping center offering various restaurants, shops, and gym.

Del Amo Fashion Center

(310) 542-8525

3525 Carson St.
Torrance, CA 90503

<https://www.simon.com/mall/del-amo-fashion-center>

The largest shopping center in the west coast offering more than 250 specialty stores, restaurants, and movie theater.

The Pike Outlets

(562) 432-8325

95 S Pine Ave.
Long Beach, CA 90802

<https://thepikeoutlets.com>

Center with over 30 retailers and restaurants, cinema, comedy club, boutique hotel, carousel, and Ferris wheel.

Promenade at the Peninsula

(310) 541-0688

550 Deep Valley Dr.
Rolling Hills Estates, CA 90274

<http://promenadeonthe peninsula.com>

Center offering dining, shopping, leisure activities, seasonal ice-skating rink, medical and professional services, all in one convenient location.

South Bay Pavilion

(310) 366-6629

20700 Avalon Blvd.
Carson, CA 90746

<https://www.southbaypavilion.com>

A shopping center with various shops, restaurants, and a movie theater. Also offers several free weekly events for the community such as Kids Club, Mall Walkers, Farmer's Market and Zumba Fitness Club.



HEALTH & SAFETY



AIDS & HIV

Planned Parenthood, Carson Health Center HIV & AIDS Services

(800) 576-5544
661 E. University Dr.
Carson, CA 90746
www.plannedparenthood.org/health-center/california/carson/90746/carson-health-center-4291-90070/hiv-testing
Planned Parenthood offers HIV treatment support and referrals, PEP (post-exposure HIV prevention), and PrEP (ongoing HIV prevention). PrEP, a daily pill that can prevent HIV infection PEP, an emergency medicine you can take to prevent HIV if you have been exposed in the last 3 days

CLINICS & HOSPITALS

Harbor Community Clinic

(424) 292-4233
593 W. 9th St.
San Pedro, CA 90731
<https://www.harborcommunityclinic.com>
At Harbor Community Health Centers, patients have access to a comprehensive array of advanced healthcare options, including physical exams, immunizations, health screenings, management of chronic illnesses like asthma and diabetes, family planning services including birth control options, and screening and care for sexually transmitted diseases (STDs). In addition, the clinic offers access to psychotherapy and other mental health options as well as full obstetrics and gynecological care and pediatrics services to help children stay healthy from birth all the way through their teen years.

Harbor-UCLA Medical Center

(310) 222-2345
1000 W. Carson St.
Torrance, CA 90502
<https://www.harbor-ucla.org/>
The Los Angeles County Health Services is an integrated health system to advance the health of our patients and community by providing extraordinary care.

Kaiser Permanente South Bay Medical Center

(310) 325-5111
25825 S. Vermont Ave.
Harbor City, CA 90710
<https://healthy.kaiserpermanente.org/southern-california/facilities/South-Bay-Medical-Center-100049>

Kindred Hospital South Bay

(310) 323-5330
1246 W. 155th Street
Gardena, CA 90247
<https://www.kindredhealthcare.com/locations/transitional-care-hospitals/kindred-hospital-south-bay>

Long Beach Medical Center

(562) 933-2000
2801 Atlantic Ave.
Long Beach, CA 90806
<https://www.memorialcare.org/>

Memorial Hospital of Gardena

(310) 532-4200
1145 W. Redondo Beach Blvd.
Gardena, CA 90247
<https://mhg.avantihospitals.com/>

Miller Children's & Women's Hospital

(562) 933-5437
2801 Atlantic Ave.
Long Beach, CA 90806
<https://www.millerchildrenshospitallb.org/centers-programs>

Providence Little Company of Mary Medical Center - Torrance

(310) 540-7676
4101 Torrance Blvd.
Torrance, CA 90503
<https://www.providence.org/locations/plcm-torrance>

Braille Institute

(800) 272-4553
<https://www.brailleinstitute.org/>
Programs and services for the blind and visually impaired.

Genetically Handicapped Persons Program

(800) 639-0597
311 S. Spring St., Ste. 800
Los Angeles, CA 90013
<https://www.dhcs.ca.gov/services/ghpp>
The Genetically Handicapped Persons Program (GHPP) is a health care program for adults with specific genetic diseases. GHPP helps beneficiaries with their health care costs.

South Bay Family Health Care - Carson Clinic

(310) 802-6170
270 E. 223rd St.
Carson, CA 90745
www.sbfhc.org

Torrance Memorial Medical Center

(310) 325-9110
3330 Lomita Blvd.
Torrance, CA 90505
<https://www.torrancememorial.org>

Veterans Affairs Medical Center

(562) 826-8000
5901 E. 7th St.
Long Beach, CA 90822
<https://www.longbeach.va.gov/>

DISABILITIES

Carson Adult Day Health Care Center

(310) 522-3860
23517 S. Main St., Ste. 110
Carson, CA 90745
www.carsonadhc.com
The center provides adult day health care for impaired adults 18 and older and for older adults who live in Carson.

Greater LA Agency on Deafness, Inc

(323) 478-8000
<https://gladinc.org/>
Greater LA Agency on Deafness (GLAD) works with consumers, businesses and service providers to improve quality of life and ensure communication access for the deaf, hard of hearing and deaf-blind community.

City of Carson Human Services Division - Senior Social Services - Joseph B. Jr. and Mary Anne O'Neal Stroke Center

(310) 952-1763
801 E. Carson St. Carson, CA 90745
www.ci.carson.ca.us
This Center offers services primarily for seniors age 50 and older, and services for people age 18 and older with disabilities due to stroke.

South Central LA Regional Center

(213) 744-7000
https://sclarc.org/
South Central Los Angeles Regional Center for Persons with Developmental Disabilities, Inc. (SCLARC) is a private, non-profit, community-based organization that coordinates services for individuals with developmental disabilities and their families. in living the highest quality life possible in their communities.

State Department of Rehabilitation Torrance Branch

(424) 488-6570
21250 Hawthorne Blvd., Ste. 220 Torrance, CA 90503
https://www.dor.ca.gov/
They provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.

LA County Department of Public Health - Torrance Health Center

(310) 354-2300
711 Del Amo Blvd. Torrance, CA 90502
http://publichealth.lacounty.gov/chs/SPA8
The center provides public health services such as child immunizations; some adult immunizations for MMR, TDAP and TB screening only; STD screening and treatment; and Tuberculosis screening, among others.

Maternal, Child, & Adolescent Health Los Angeles County Department of Public Health Programs

(213) 639-6400
600 S. Commonwealth Ave., 8th Floor, Los Angeles, CA 90005
www.publichealth.lacounty.gov/mch/
Here you can find information for free or low-cost health, dental, vision, and mental health insurance programs for mothers, children and adolescents.

Public Health Foundation Enterprises - WIC Program (Women, Infants, Children) - Carson WIC Center 26

(888) 942-2229
860 E. Carson St., Ste. 108 - 109
Carson, CA 90745
www.phfewic.org
This is a health program that provides food vouchers and nutrition education for pregnant women, new and/or breastfeeding mothers, infants, and children younger than age five.

WIC

(888) 942-9675
P.O. Box 997375
Sacramento, CA 95899-7375
https://m.wic.ca.gov/
The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

EMERGENCIES

American Red Cross - Greater Long Beach, Rio Hondo & South Bay Office

General (562) 595-6341
Emergency assistance (877) 272-7337
3150 E. 29th St Long Beach, CA 90806
https://www.redcross.org/local/california
Dedicated to helping victims of disaster and providing programs and services that help the community prevent, prepare for, and respond to emergencies.

Poison Hotline

(800) 222-1222
3201 New Mexico Ave., Ste. 310, Washington, DC 20016
https://www.poison.org/
Poison Control tells you what to do if you swallow, splash, or get stung by something that may be harmful.

MENTAL HEALTH & DISORDERED EATING

Suicide & Crisis Helpline

Call or Text: 988
If you or someone you know is struggling or in crisis, help is available.

ANAD (National Association of Anorexia Nervosa and Associated Disorders)

(888) 375-7767
hello@anad.org

Los Angeles County Department of Mental Health- Harbor-UCLA Psychiatric - Adult Outpatient - Wellness Center

(310) 781-3400
21730 S. Vermont Ave., Ste. 210
Torrance, CA 90502
www.dmh.lacounty.gov
The Wellness Center of this clinic provides mental health services and welfare-to-work support services for adults.

FAMILIES & CHILDREN

Carson Wellness Center at Carson High School

(310) 802-6170
270 E. 223rd Street Carson, CA 90745
http://thelatruster.org/wellness-centers/carson-h-s/
They offer programs that aim to increase student access to vital health and mental health services, wellness promotion, and health career options.

Healthy Families + Medical for Children

(888) 747- 1222
https://www.dhcs.ca.gov/services/medi-cal/eligibility/Pages/SB-75.aspx
Healthy Families is low cost insurance for California children and teens. It provides health, dental and vision coverage to children who do not have insurance and do not qualify for free Medi-Cal.

Los Angeles County Department of Mental Health

(800) 854-7771
https://dmh.lacounty.gov/
The Department of Mental Health seeks to optimize the hope, wellbeing and life trajectory of Los Angeles County's most vulnerable through access to care and resources that promote not only independence and personal recovery but also connectedness and community reintegration.

National Institute of Mental Health

1-866-615-6464
nimhinfo@nih.gov

National Suicide Prevention Hotline

(800) 273-8255

<https://suicidepreventionlifeline.org/>

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Online chat options available for deaf and hard of hearing.

LGBTQIA+ SUPPORT**Los Angeles LGBT Center**

(323) 860-5806

<https://lalgbtcenter.org/>

The Los Angeles LGBT Center pioneered a holistic model of care that's unparalleled in size and scope by any other LGBTQ+ organization in the world. From housing to legal aid, healthcare to mental health, and even youth aged 18 to seniors aged 98—we offer comprehensive care that's designed specifically for the queer and trans community.

The Trevor Project

(212) 695-8650

<https://www.thetrevorproject.org/contact-us/>

Our trained counselors understand the challenges LGBTQ+ young people face and are available for support 24/7. They will listen without judgment. When you text, chat, or call, all of your conversations are confidential, and you can share as much or as little as you'd like.

Trans Wellness Center

(323) 993-2900

transwellnes@lgbtcenter.org

3055 Wilshire Blvd.

Suite 360

Los Angeles, CA 90010

The Trans Wellness Center (TWC) provides comprehensive resources and services for transgender and nonbinary people under one roof.

VETERANS' RESOURCES**Long Beach VA Medical Center Veteran Resource Center**

(562) 826-8000 Ext. 14657

<https://www.va.gov/long-beach-health-care/programs/veterans-resource-center/>
5901 E. 7th St, Building 165, Long Beach, CA, 90822

The Veterans Resource Center (VRC) serves as a centralized hub for connecting Veterans and their families to essential resources. It facilitates collaboration among representatives from diverse healthcare organizations and services within the facility, along with partners from the Veteran Benefits Administration. This one-stop shop offers a range of services, resources, and information, including VA benefits and healthcare options.

Southern California Salvation Army Veteran Services

(562) 264-3600

<https://socal.salvationarmy.org/southern-california/>

The Salvation Army is committed to providing services for veterans, especially in the areas of housing and supportive services. We operate multiple programs in Southern California alone that address many of the major issues faced by veterans today. These programs focus on substance abuse, recovery, and treatment of mental illness.

U.S. Veterans Resource Center

(310) 767-1221

<https://www.vetsresource.org/>
1045 W. Redondo Beach Blvd., Ste. 150
Gardena, CA 90247

This organization focuses on the overall wellness and reintegration of military veterans from all eras. Services include housing assistance, behavioral health treatment, and case management, and more.

U.S. Veterans Resource Center

(310) 767-1221

<https://www.vetsresource.org/>
1045 W. Redondo Beach Blvd., Ste. 150
Gardena, CA 90247

WOMEN'S CLINICS

FPA Women's Health Torrance

(310) 373-1042

www.fpawomenshealth.com

24241 Hawthorne Boulevard

Suite 201

Torrance, CA 90505

If you are in need of Women's Health and Family Planning services in Torrance, CA, FPA Women's Health is here to serve you. Our office provides a variety of services, including IUD, Abortion, Women's Health, Annual Exam, STI Testing, and Behavioral Health to our patients with care and expertise. FPA Women's Health has served many happy patients of the Torrance community. Pregnancy Testing

Planned Parenthood, Carson Health Center

(800) 576-5544

661 E. University Dr.

Carson, CA 90746

Planned Parenthood is the nation's leading provider and advocate of high-quality, affordable sexual and reproductive health care for all people, as well as the nation's largest provider of sex education. PP helps people live full, healthy lives – no matter your income, insurance, gender identity, sexual orientation, race, or immigration status; provides the high-quality inclusive and comprehensive sexual and reproductive health care services all people need and deserve – with respect and compassion; and provides medically accurate education that advances the understanding of human sexuality, healthy relationships, and body autonomy.

Los Angeles County Health and Nutrition Hotline

(877) 597-4777

<http://publichealth.lacounty.gov/nut/>

This hotline provides food stamp information as well as information about nutrition and physical activity programs county wide.

OTHER

Center for Healthcare Rights

(213) 383-4519, Ext. 3006

520 S. Lafayette Park Place, Suite 214

Los Angeles, CA 90057

www.healthcarerights.org

The Center for Health Care Rights (CHCR) is a nonprofit health care advocacy organization dedicated to assuring consumer access to quality health care through education, counseling, informal advocacy, and legal services.

Denti-Cal

(800) 322-6384

<https://dental.dhcs.ca.gov/>

Under the guidance of the California Department of Health Care Services, the Medi-Cal Dental Program aims to provide Medi-Cal beneficiaries with access to high-quality dental care.

Department of Health and Human Services, City of Long Beach

(562) 570-4000

2525 Grand Ave. Long Beach, CA 90815

<http://www.longbeach.gov/health/>

Department of Health and Human Services in the City of Long Beach.

This department has been improving the health of the Long Beach community for over a century. They strive to create a safe and healthy community for all to live, work, and play.

Medi-Cal Assistance

(800) 541-5555

<https://www.medi-cal.ca.gov/contact.asp>

Here you will find Medi-Cal resources and health information for individuals, families, children with special medical conditions and seniors needing personal care.



TRANSPORTATION



FOR THE ELDERLY & PERSONS WITH DISABILITIES

Access Paratransit

(800) 827-0829

Hotline: 511

<https://accessla.org/home/>

Access Services is responsible for the administration of Access, the Americans with Disabilities Act (ADA) mandated paratransit transportation program for Los Angeles County and is committed to improving the mobility on public transit of persons with disabilities.

Dial-A-Ride in Carson

3 Civic Plaza Drive Carson, CA 90745

Dial-A-Ride Information

(310) 835-0212, Ext. 1489

<https://ci.carson.ca.us/CommunityServices/dialaride.aspx>

This program provides reliable and affordable transportation to Carson residents, who are at least 60 years old, or who are disabled adults 18 years of age or older. The service is available 24 hours a day; seven days a week, including holidays. The service is provided by taxicabs and two lift-equipped minivans.

PUBLIC TRANSPORTATION SERVICES

Carson Circuit, North/South Shuttle

3 Civic Plaza Drive Carson, CA 90745

Service Information

(310) 225-2545

North/South Shuttle Information

(310) 835-0212, Ext. 1489

Monthly Passes/Complaints

(310) 952-1757

<https://ci.carson.ca.us/CommunityServices/Transportation.aspx>

Carson's own bus system, with service throughout Carson and connections to the Metro Blue Line and regional bus services from Torrance Transit, the MTA, Long Beach Transit and Gardena Municipal Bus Lines.

Gardena Transit

13999 S. Western Ave.

Gardena, CA 90249

(323) 321-0165

<http://ridegtrans.com/>

You will find information about buses and transportation in the city of Gardena. Additionally: arrival times, departure times, schedules, fares, system maps, etc.

LADOT Transit

(818) 943-6211

<https://www.ladottransit.com/>

Access here for information about DASH, Commuter Express, City Ride, LA now, real-time bus information and other transportation services in LA county.

LA GO Bus

(800) 827-0829

<https://dpw.lacounty.gov/transit/DAR.aspx>

Provides dial-a-ride (paratransit) services for eligible residents of the unincorporated areas of Los Angeles County.

LA Metro Home

(323) 466-3876

<https://www.metro.net/>

You will find information about the Metro System in Los Angeles County. Additionally, you will find arrival times, departure times, schedules, fares, system maps, etc.

Long Beach Transit

1300 Gardena Ave.

Long Beach, CA 90809

(562) 591-2301

<https://ridelbt.com/>

You will find information about buses and transportation in the city of Long Beach. Additionally: arrival times, departure times, schedules, fares, system maps, etc.

Torrance Transit

(310) 618-6266

20500 Madrona Ave. Torrance, CA 90503

<https://transit.torranceca.gov/>

You will find information about buses and transportation in the city of Torrance. Additionally: arrival times, departure times, schedules, fares, system maps, etc.

OTHER

Department of Motor Vehicles (DMV) - Torrance

1785 W 220th St

Torrance, CA 90501

(800) 777-0133

<https://www.dmv.ca.gov/portal/dmv/detail/fo/offices/fieldoffice?number=608>

Available for Driver License and ID Card Processing, and Vehicle Registration. Has DMV Now Kiosks to guide you through various DMV transactions with touchscreen technology. Inquire about accepted forms of payment.

Nearby Bus Stop Locations

- Vermont / 220th (0.5 miles)
- Harbor Fwy / Carson St (499 ft)
- Carson St + Figueroa St (144 ft)
- Vermont / 223rd (0.7 miles)
- Carson St + Vermont Av (0.3 miles)

These are some cross streets where you'll find bus stops close to you



SOCIAL SERVICES



ADDICTION & SUBSTANCE USE

Alcoholics Anonymous Torrance -Lomita

(310) 320-3861
1645 Arlington Ave.
Torrance, CA 90504
<https://hacoaa.org/locations/club-3/>
Alcoholic Anonymous meetings and resources to overcome alcoholism.

Debtors Anonymous

(310) 822-7250
5521 Grosvenor Blvd.
Los Angeles, CA 90066
<http://socalda.org/>
Debtors Anonymous meetings and resources to overcome this addiction.

Marijuana Addiction Hotline

Marijuana addiction helplines offer a toll-free, confidential, and 24-hour solution to find addiction treatment if you or a loved one are struggling to quit. Our representatives are on the line to hear your story and help you find affordable and personalized drug treatment.

Marijuana Anonymous

<https://marijuana-anonymous.org>
Marijuana Anonymous is a free peer-support program focused entirely on our shared problem with marijuana or cannabis addiction. Marijuana Anonymous uses the basic 12 Steps, founded by Alcoholics Anonymous, because it has been proven that the 12-Step recovery program works. Our program is voluntary. The only thing you need to begin participating is a desire to stop using cannabis / marijuana. Marijuana Anonymous meetings are free and can be attended all over the world virtually and by phone, with in-person meetings available in some areas as well.

Narcotics Anonymous, Southern California Region

For English: (800) 863-2962
Para Español: (888) 622-4672
www.todayna.org
Narcotics Anonymous can help you find the freedom to live your life without the use of drugs. Narcotics Anonymous is a fellowship or society of men and women for whom Drugs had become a major problem. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. Our Primary Purpose - to carry the message to the addict who still suffers. If you think you may have a problem with drugs of any kind, please call our helpline or come to one of our meetings! This simple act can be the start of a new life free from the constant pain of addiction.

Sex & Love Addicts Anonymous (SLAA) Los Angeles

(215) 574-2120
www.slaalosangeles.org
Sex and Love Addicts Anonymous is a Twelve Step, Twelve Tradition oriented fellowship based on the model pioneered by Alcoholics Anonymous. The only qualification for S.L.A.A. membership is a desire to stop living out a pattern of sex and love addiction. S.L.A.A. is supported entirely through the contributions of its membership and is free to all who need it. Our meetings are an opportunity for members to relate their stories about recovery from sex and love addiction. Members identify themselves by first name only and will share their experience, strength, and hope. Our stories disclose what we were like, what happened to change us, and what we are like now.

Substance Abuse and Mental Health Services Administration (SAMHSA)

(800-662-4357
Crisis Line: Call or Text 988
<https://www.samhsa.gov>
English- and Spanish-speaking representatives at SAMHSA can help you find drug treatment facilities, support groups, and other forms of help for drug misuse and addiction.

CHILDREN & YOUTH

Boys and Girls Club of Carson - Main Street Unit

(310) 549-7311
21502 S. Main St.
Carson, CA 90745
www.bgccarson.org
The agency provides youth services for youth, ages 6 to 17 who live in the city of Carson.

California Children's Services

(800) 288-4584
<http://publichealth.lacounty.gov/>
California Children's Services (CCS) is a state program for children with certain diseases or health problems. Through this program, children up to 21 years old can get the health care and services they need. CCS will connect you with doctors and trained health care people who know how to care for your child with special health care needs.

California Youth Crisis Line

(800) 843-5200
<https://calyouth.org/cycl/>
The California Youth Crisis Line (CYCL) operates 24 hours a day, seven days a week as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors respond to 20,000 calls annually with crisis intervention counseling and resource referrals to service providers in the caller's local community.

Carson Family Resource Center Los Angeles Unified School District

(310) 513-8070
340 W. 224th St.
Carson, CA 90745
<https://211la.org/>
The agency provides counseling, education services, parenting education, holiday assistance and personal goods for children and families in the city of Carson.

Child Abuse Hotline

(800) 540-4000
<https://mandreptla.org/cars.web/>
The Child Protection Hotline receives telephone calls alleging suspected child abuse, neglect, and exploitation 24 hours a day, 7 days a week. Children's Social Workers evaluate all calls of suspected child abuse, neglect, and exploitation to determine if an in-person investigation is warranted by the Department of Children and Family Services (DCFS).

Child Support Hotline

(800) 540-4000 - Within CA
(213) 639-4500 - Outside CA
<https://dcfs.lacounty.gov/>
The Los Angeles County Department of Children and Family Services promotes child safety and well-being by partnering with communities to strengthen families, keeping children at home whenever possible, and connecting them with stable, loving homes in times of need.

Children’s Institute INC- Burton E. Green Campus

(424) 201-3200
21810 Normandie Ave.
Torrance, CA 90502
www.childrensinstitute.org
The agency provides child abuse services, child care, early childhood education, family support services, foster care services, mental health services, school readiness and welfare-to-work support services for people of all ages and their families in Los Angeles County.

Soledad Enrichment Action, INC. North Long Beach School

(562) 728-6683
495 E. Market St.
Long Beach, CA 90805
www.seaprograms.org
The agency provides education services, family life education, crime victim support and youth services for at risk youth and gang intervention and prevention.

California Department of Justice, Bureau of Medi-Cal Fraud and Elder Abuse

(800) 952-5225
https://oag.ca.gov/bmfea
Provides information on a wide variety of elder topics, links to numerous other relevant sites, and contains contact and reporting information.

National Committee for the Prevention of Elder Abuse

(202) 464-9481
www.preventelderabuse.org
Association of researchers, medical practitioners and advocates dedicated to the safety and security of the elderly. Serves as the nation’s clearinghouse on information and materials on elder abuse and neglect.

ELDER SERVICES

AARP

(888) 687-2277
(877) 342-2277 (Spanish)
www.aarp.org
Nationwide advocacy organization for people aged 50 and older. Information and educational resources on an extensive range of subjects, ranging from long-term health care to consumer fraud.

Alzheimer’s Association

(800) 272-3900
225 N Michigan Ave., Fl. 17, Chicago, IL 60601
www.alz.org
Nonprofit organization provides support, education, training and resources for families and caregivers affected by Alzheimer’s and related disorders.

Better Business Bureau

(703) 276-0100
www.bbb.org
Provides reports on business and charities, helps resolve consumer complaints, and provides consumer counseling.

California Adult Protective Services

(888) 202-4248: For general Information, toll-free in LA & vicinity
(877) 477-3646: 24-hr abuse hotline
https://www.cdss.ca.gov/adult-protective-services
State mandated program charged with investigating situations involving elder and dependent adults who are reported to be in danger due to abuse, neglect, exploitation, or hazardous or unsafe living conditions.

California Advocates for Nursing Home Reform

(800) 474-1116
www.canhr.org
Information and advocacy for nursing home residents and their families, including detailed facility profiles at www.nursinghomeguide.org

California Department of Aging

(800) 510-2020
https://www.aging.ca.gov/
The California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State.

California Independent Living Centers

(916) 325-1690
https://www.calsilc.ca.gov/independent-locator
Find Independent Living Centers in this online locator.

Community Services for Seniors- Los Angeles County

(213) 738-2600
http://www.worksourcecalifornia.com/
The agency provides WIA programs for people who live in unincorporated areas of Los Angeles County and areas not covered by other WIB’s.

Eldercare Locator

(333) 331-7289
www.elder.org
Nationwide information and resource center for seniors and caregivers.

Long-Term Care Ombudsman Administration for Community Living

(202) 401-4634
To find local resources:
(800) 677-1116
https://acl.gov/programs/Protecting-Rights-and-Preventing-Abuse/Long-term-Care-Ombudsman-Program
Trained individuals who advocate for the protection and rights of all residents of 24-hour long-term care facilities. The primary responsibility of the Ombudsman program is to investigate and resolve complaints made by, or on behalf of, individual residents.

National Family Caregivers’ Association

(855) 227-3640
www.nfcares.org
Grassroots organization dedicated to improving life for family caregivers, or those caring for loved ones with a chronic illness or disability.

National Hispanic Council on Aging

(202) 347-9733
www.nhcoa.org
Provides information on issues critical to Latino seniors, including those pertaining to health, income, education, employment and housing.

National Institute on Aging

(800) 222-2225
www.nia.nih.gov
Information and consumer information on health and research advances in aging issues

National Senior Citizens’ Law Center

(213) 639-0930
www.nsclc.org
Provides information for elder and dependent adults on such issues as Medicare, Medi-Cal, SSI and pensions.

Nursing Home Compare

Service is online
https://www.medicare.gov/nursinghomecompare/search.html
Site designed to help individuals choose a nursing home, includes comprehensive inspection results for all nursing homes.

Report Elder Abuse Hotline

(877) 477-3646

(888) 202-4248

<https://wdacs.lacounty.gov/>

You can call this number to report elder abuse if you know or suspect that an elderly person may be suffering from mistreatment.

FAMILY SERVICES

Salvation Army

(310) 370-4515

4223 Emerald St. Torrance, CA 90503

<http://www.torrancecorps.org/>

The Salvation Army works to identify and meet areas of need in the communities it serves. In the central South Bay, they provide Worship, Social Services, Day Camp, and Music Education. The Salvation Army Torrance Corps also has an onsite professional Music Recording Studio and a Dance studio.

Torres Martinez Tribal TANF - Long Beach Office

(800) 665-7649

4500 E. Pacific Coast Hwy., Ste. 500

Long Beach, CA 90804

www.tmtanf.org/

The program provides childcare, educational training and employment opportunities and other supportive services leading to self-sufficiency supported by temporary financial assistance.

FOOD ASSISTANCE

CalFresh (Food Stamps)

(877) 847-3663

By mail: Call the Customer Service Center at (866) 613-3777 and ask for a CalFresh application to be mailed to you. Once you have filled out your CalFresh application, mail it to your local DPSS Office.

<https://www.getcalfresh.org>

CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.

Los Angeles Regional Foodbank

1734 E 41st St., Los Angeles, CA 90058

www.lafoodbank.org

The Los Angeles Regional Foodbank provides meals for families and children struggling with hunger in the community.

General Relief & CALFRESH Program Division- Paramount District Office- 62

(877) 328-9677 EBT Customer Service (Lost or Stolen Card)

2961 E. Victoria St. Rancho Dominguez, CA 90221

www.dpss.lacounty.gov/

This division coordinates field operations and provides intake, application and benefit distribution services for the Department of Public Social Services.

HOUSING

Fair Housing Foundation of Los Angeles

(800) 446-3247

<http://www.fhfca.org/>

The Fair Housing Foundation is dedicated to eliminating discrimination in housing and promoting equal access to housing choices for everyone.

Housing Rights Center

(800) 477-5977 or (213) 736-8310

<http://www.housingrightscenter.org/>

They actively support and promote fair housing through education, advocacy and litigation, to the end that all persons have the opportunity to secure the housing they desire and can afford.

Los Angeles County Development Authority

(800) 731-4663

<https://wwwb.lacda.org/public-housing/how-to-apply>

Low Income Housing Information and application.

Los Angeles County Helps

(877) 428-8844

<https://housing.lacounty.gov/>

This community resource helps people list and locate housing in the County of Los Angeles, including affordable, special needs, emergency housing, and more. Listing and searches are free.

Los Angeles Housing + Community Investment Department Hotline

(866) 557-7368

<https://hcidla.lacity.org/online-services>

Information about accessible housing, community services, residents, property owners, supportive housing, etc.

US Dept of Housing and Urban Development

(213) 894-8000

<https://www.hud.gov/>

The Department of Housing and Urban Development administers programs that provide housing and community development assistance.

IMMIGRATION

Catholic Charities of Los Angeles - Immigration & Refugee Services

(213) 251-3411

1530 James M. Wood Blvd.

Los Angeles, CA 90015

www.catholiccharitiesla.org

Naturalization application assistance, fee waiver assistance, civics classes, ESL courses, non-naturalization immigration assistance, DAPA, DACA+, AB60, legal representation, complex cases, and fingerprinting.

U.S. Citizenship & Immigration Services L.A. County Field Office

(800) 375-5283

300 N. Los Angeles St. Los Angeles, CA 90012

<https://www.uscis.gov/about-us/find-a-uscis-office/field-offices/california-los-angeles-county-field-office>

Legal resources, information and services on citizenship, green card and immigration.

SAFETY & VICTIMS SERVICES

Los Angeles Commission on Assaults Against Women.

(213) 626-3393

www.peaceoverviolence.org

The Los Angeles County Commission for Women seeks to represent the interest and concerns of women of all races, ethnic and social backgrounds, religious convictions, sexual orientation and social circumstances.

LA County District Attorney's Bureau of Victims Services - Torrance

(310) 222-3599

825 Maple Ave., Rm. 190

Torrance, CA 90503

<https://da.lacounty.gov/victims>

Victim services representatives work in courthouses and police stations, providing an array of services to help victims become survivors. Staff members are available to assist victims in several languages. Program services are provided free of charge and there is no legal residency or citizenship requirement.

Los Angeles County Domestic Violence Hotline

(800) 978-3600

<http://publichealth.lacounty.gov/dvcouncil>

Los Angeles County Domestic Violence Hotline can help victims, survivors of domestic violence. For more information visit their website.

National Domestic Violence Hotline

(800) 799-7233

<https://www.thehotline.org/>

National Domestic Violence Hotline can help victims, survivors of domestic violence. Call or chat with an advocate on their website.

Reporting Illegal Firearms Activity

(800)-283-4867

<https://www.atf.gov/contact>

Call to report any illegal firearm activity.

Sexual Assault Telephone Hotline

(800) 656- 4673

<https://www.rainn.org/about-national-sexual-assault-telephone-hotline>

The National Sexual Assault Hotline is a safe, confidential service. Calling the National Sexual Assault Hotline gives you access to a range of free confidential and supportive services.

OTHER

Department of Public Social Services County of Los Angeles

(866) 613-3777

17600 Santa Fe Ave.

Rancho Dominguez, CA 90221

<http://dpss.lacounty.gov/>

Information on Public Social Services for the County of Los Angeles.

Social Security Administration

(310) 326-0207 or (800) 772-1213

22600 Crenshaw Blvd.

Torrance, CA 90501

<https://www.ssa.gov/>

Information regarding Social Security number, benefits, Medicare, survivors, disability, etc.



OTHER SERVICES



PET RESOURCES

Carson/Gardena Animal Care Center

(310) 523-9566
216 West Victoria Street
Gardena, CA 90248
<https://animalcare.lacounty.gov>
Low-cost pet clinic and shelter where, in addition to having your pet vaccinated and spayed/neutered, you can adopt or surrender a pet.

City of Long Beach SNP Low-Cost Pet Clinic

(310) 574-5555
For location and times: www.longbeachanimalcare.com
For clinic information: www.snpla.org
Low-cost cat and dog vaccines. The clinic operates on Thursdays and Saturdays.
<https://animalcare.lacounty.gov>
Low-cost pet clinic and shelter

Eastview Park & Dog Park

1700 Westmont Dr
Rancho Palos Verdes, CA 90275
Features an enclosed off-leash area for dogs.

Golden State Human Society, Long Beach

(562) 423-8406
555 E Artesia Boulevard
Long Beach, CA 90805
www.goldenstatehumanesociety.org/hours-locations
Offers a walk-in vaccination clinic and other veterinary services, including spay and neuter, by appointment.

Signal Hill Dog Park

3100 California Ave
Signal Hill, CA 90755
Features two enclosed off-leash areas: one for small dogs and another for big dogs.

VCA Lakewood Animal Hospital - 24/7 Emergency Services

(562) 926-3600
10701 South Street
Cerritos, CA 90703
Offering emergency veterinary care 24 hours/day, seven days/week.

Veteran's Park & Dog Park

22400 Moneta Ave
Carson, CA 90745
Features an enclosed off-leash area for dogs.

Wrigley Heights Dog Park

3400 Golden Ave.
Long Beach, CA 90806
Features an enclosed off-leash area for dogs.

WORKFORCE TRAINING

California State Employment Development Department - Disability Insurance Office

(800) 480-3287
4300 Long Beach Blvd., Ste. 600
Long Beach, CA 90807
<https://www.edd.ca.gov/Disability>
The department provides employment-related services that include disaster services, employment insurance programs, employment services, tax assistance programs and youth services. There are no geographic restrictions.

Carson Career Center

(310) 952-1762
801 E Carson St., Room 117
Carson, CA 90745
<https://ci.carson.ca.us/>
Workforce investment services for eligible adults seeking assistance in achieving academic and employment success, effective and comprehensive activities that assist in providing effective connections to employers in the City of Carson and surrounding communities.

Carson Public Library

(310) 830-0901
151 E. Carson St.
Carson, CA 90745
<https://lacountylibrary.org/carson-library/>
Library also providing free monthly workshops for resume and job search skills.

General Assembly

Downtown LA location:
360 E. 2nd St. Suite 400
Los Angeles, CA 90012
Santa Monica location:
1520 2nd St.
Santa Monica, CA 90401
<https://generalassembly.ly>
General Assembly is a pioneer in education and career transformation, specializing in today's most in-demand skills. The leading source for training, staffing and career transitions, we foster a flourishing community of professionals pursuing careers they love.

Human Potential Consultants

(310) 756-1560
500 E. Carson Plaza Dr., Ste. 119
Carson, CA 90746
<https://hpcemployment.com>
The agency provides employment services, services for veterans and technical assistance for individuals and businesses in Los Angeles County.

Long Beach City College

(562) 938-3157
1305 E. Pacific Coast Hwy., Bldg. MM
Long Beach, CA 90806
<https://www.lbcc.edu>
LBCC's Workforce Development Department implements industry-driven solutions for individuals in search of careers from local industry experts.

Los Angeles County Office of Education Carson Job Club

(310) 538-6861
649 Albertoni St.
Carson, CA 90746
<http://www.lacoegain.org/carson>
Supports the educational and financial services of school districts in LA County. Services include education services, employment services, WIA Programs, youth services and literacy programs. There are geographic restrictions for some programs.

Los Angeles County Workforce Development, Aging, and Community Services

(310) 762-1101
2909 E. Pacific Commerce Dr.
Compton, CA 90221
<https://wdacs.lacounty.gov>
The agency provides Workforce Development programs for people who live in unincorporated areas of Los Angeles County and areas not covered by other Workforce Development Boards.

Los Angeles Harbor College

(310) 233-4000
1111 Figueroa Pl.
Wilmington, CA 90744
<https://www.lahc.edu>
The college provides adult education, foster family services, post-secondary education, recreational programs and welfare-to-work services for residents of California who have high school diplomas or who are age 18 or older. The college also provides welfare-to-work services for DPSS-referred CalWORKs participants. Age restrictions apply for some services.

Torrance Workforce Services Offices

(310) 782-2101
1220 Engracia Ave.
Torrance, CA 90501
<https://www.edd.ca.gov>
The department provides employment-related services for the state of California. Services are provided from 48 locations and include disaster services, employment insurance programs, employment services, tax assistance programs and youth services.

Workforce California

(888) 226-6300 or (213) 738-3191
<https://workforce.lacounty.gov/>
Access here for job searches and services, information about financial benefits programs, meal assistance and other services.

Youth Employment Opportunity Program - Torrance

(310) 782-2134
1220 Engracia Ave.
Torrance, CA 90501
<http://laoyc.org/location/torrance-office>
The program provides youth employment services for young adults in LA County.