

RESIDENT RESOURCE GUIDE

SHERMANAIR APTS

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AFTER SCHOOL PROGRAMS: K-12



IN-PERSON

Golden Performing Arts

(818) 887-9178

23233 Saticoy St. Ste 107

Canoga Park, CA 91304

<https://www.goldenpac.org>

Golden Performing Arts Center is a non-profit organization that offers children, teens and young adults, ages 6-22, the opportunity to experience exhilarating feelings of success, belonging, pride and accomplishment by working together as a theatre family and presenting a Broadway style musical production.

Keep Youth Doing Something, Inc.

(818) 908-2029

7026 Sophia Ave.

Van Nuys, CA 91406

<http://www.kydsinc.org/>

KYDS programs serve children in grades TK - 12th (ages 4 to 18+) living throughout Los Angeles and a few surrounding communities. We offer options for young people to experience new successes through programs that include visual and performing arts, STEM, wellness and fitness, homework help, and career and life skills.

Mid-Valley Regional Library

(818) 895-3650

16244 Nordhoff St.

North Hills, CA 91343

<https://www.lapl.org/branches/mid-valley>

The Mid-Valley Regional Library offers after-school programs and events throughout the week for kids and teens such as Zumba and World Music classes.

Reseda Recreation Center and Park

(818) 881-3882

18411 Victory Blvd.

Reseda, CA 91335

<https://www.laparks.org/reccenter/reseda>

Reseda Park plays home for number of programs such as Senior Fabric Painting, Beginning and Intermediate Guitar, Pre-ballet and Ballet, Yoga and Tai chi, Summer and Winter Day Camp ages 5-13 and our After School Program. They also offer offers a myriad of different sports such as Soccer clinic, Flag football Clinic, Aikido, Tennis Clinic and basketball clinic.

Tarzana Recreation Center

(818) 343-5946

5655 Vanalden Ave.

Tarzana, CA 91356

www.laparks.org/reccenter/tarzana

The Tarzana Recreation Center is a space with a variety of offerings for the community. In the center, there are programs for kids and adults including baseball, basketball, softball, t-ball, arts & crafts, Creative Expressions (pre-school enrichment), dance, summer camp, winter camp, and special events.

West Valley Boys & Girls Club

(818) 610-1054

7245 Remmet Ave.

Canoga Park, CA 91303

<https://www.wvbgc.org>

The Boys & Girls Club provides after-school and summer programs for youth ages 6 to 18 years old that emphasize Academic Success; the development of good Character & Citizenship; and the formation of Healthy Lifestyles. The Boys & Girls Club is a place that any child can find safety, encouragement, and the strength to grow and become a contributing member of our community.

West Valley Family YMCA

(818) 774-2840

18810 Vanowen St.

Reseda, CA 91335

<https://www.lapl.org/branches/mid-valley>

The Y is made up of people from all backgrounds working together to strengthen their community. Together, we work to ensure that everyone, regardless of ability, age, cultural background, disability, ethnicity, faith, gender, gender identity, ideology, immigrant status, income, race, sex or sexual orientation, has the opportunity to reach their full potential. We

provide childcare, first aid and safety programs, health services, and recreational programs.

West Valley Regional Branch Library

(818) 345-9806

19036 Vanowen St.

Reseda, CA 91335

<https://www.lapl.org/branches/west-valley>

The West Valley Regional Branch Library offers space for kids after school and throughout the week that include homework help and story time.

ONLINE

Art in Action

<https://artinaction.org>

Art in Action offers section with free live streaming and pre-recorded online art classes. They also offer free virtual museum tours.

hand2mine

<https://www.hand2mindathome.com>

hand2mind offers daily Lessons & Activities for K-5 students, a series of free daily lessons and activities created and delivered by teachers. Each week you will find an easy-to-follow schedule, by grade, for K-5 students and daily grade-specific video lessons for Math and Literacy. You will also find worksheets for the Math and Literacy lessons as well as a daily Specials activity.

Khan Academy

<https://www.khanacademy.org/>

Free, world-class education for kids ages 7 and up. Program offers homework help, practice exercises, instructional videos, and

a personalized learning dashboard that empower learners to study at their own pace in and outside of the classroom. We tackle math, science, computer programming, history, art history, economics, and more.

Khan Academy - Kids

<https://learn.khanacademy.org/khan-academy-kids/>

Free online program engaging kids ages 2 to 7 in core subjects like early literacy, reading, writing, language, and math, while encouraging creativity and building social-emotional skills.

Kitchen Table Classroom

<https://www.kitchentableclassroom.com/>

Free online resource with videos and instructions on various arts and crafts projects for kids.

Learn to Be

<https://www.learntobe.org/>

Free or pay-what-you-can (sliding scale) tutoring for K-12 students. Tutors mainly offer help in math, reading, writing, science; but are open to helping with subjects outside of these areas.

SkillShare

<https://www.skillshare.com/>

SkillShare is an online learning community with thousands of classes for creative and

curious people, on topics including illustration, design, photography, video, freelancing, and more.

UPchieve

<https://upchieve.org/>

Free online math tutoring for middle school and high school math. Tutoring is available 24/7.



AMENITIES



ARTS & CULTURE

Ararat-Eskijian Museum

(747) 500-7585

15105 Mission Hills Rd.

Mission Hills, CA 91345

<https://www.ararat-eskijian-museum.com>

Walking inside the Museum is like taking a trip back through time and space. Each exhibit displays a collection of artifacts, family heirlooms, paintings and photographs that have journeyed across time and place before they have taken their final rest at the Ararat-Eskijian Museum. The items on display represent Armenian heritage from the 17th century till present day and highlight the life, culture and customs of Armenians from their indigenous homeland and across the globe.

The Japanese Garden

(818) 756-8166

6100 Woodley Ave.

Van Nuys, CA 91406

<https://www.thejapanesegarden.com>

"Suiho En" (the garden of water and fragrance) is a 6.5 Acre authentic Japanese garden fashioned after "stroll gardens" constructed during the 18th and 19th centuries for Japanese feudal lords. Our facility is unique because it incorporates three classical designs: a dry karensansui, a wet garden with promenade chisen, and an authentic tea ceremony garden incorporating a 4.5 Tatami mat tearoom.

The Museum of the San Fernando Valley

(818) 347-9665

18860 Nordhoff St. Ste 204

Los Angeles, CA 91324

<https://www.themuseumsf.org>

The Museum was first an online blog started by Historian Gerald Fecht. In 2014, it moved into a new brick and mortar location in Northridge. The goal of The Museum is to preserve the culture, art and history of the approximately 2 million residents of the San Fernando Valley. They offer a speaker series, walking tours, and access to great artifacts and photographs.

San Fernando Valley Arts & Cultural Center

(818) 697-5525

18312 Oxnard St.

Tarzana, CA 91356

<https://www.sfvacc.org>

The San Fernando Valley Arts & Cultural Center (SFVACC) is the premier arts & community hub for all of the Valley. We offer space for workshops, art exhibits, live performances, lectures, meetings, private events, and more. The Center promotes mostly Valley artists and their art. The SFVACC is an all-volunteer run, 501(c)3 corporation and was recently voted the Best Art Gallery in the Los Angeles Daily News' 2017 Readers Best Choice Awards.

The Soraya

(818) 677-3000

18111 Nordhoff St.

Northridge, CA 91330

<https://www.thesoraya.org>

Open since 2011 and located on the campus of CSUN, Younes and Soraya Nazarian Center for The Performing Arts (The Soraya/formerly the Valley Performing Arts Center) serves as the intellectual and cultural heart of the San Fernando Valley of

Los Angeles, providing vibrant and relevant programming for the region's communities. The Soraya presents a broad range of local, national and international artists each season; from classical, jazz, big band, and Latin and Mexican regional music concerts to dance, theater, and family programming in its state-of-the-art Great Hall with 1,700 seats as well as the 500-seat Plaza del Sol Performance Hall.

Tara's Gallery

(818) 634-6321

22311 Ventura Blvd. Ste 118

Woodland Hills, CA 91364

<https://www.taranemozafarian.com>

Tara's Gallery has been in operation at the same location for the past 22 years. It has been a sanctuary for many artists, where art and self-expression are continually cultivated in workshops and classes. Tara Mozafarian's artworks, the owner of Tara's Gallery, have been represented in prestigious and established galleries over many years. Recently, she has decided to open the studio doors to share art pieces that are unique and collectible with the public.

Valley Relics

(818) 616-4083

900 Balboa Blvd C3 & C4

Los Angeles, CA 91406

<https://www.valleyrelicsmuseum.org>

The Valley Relics Museum 501(c)3 host a large array of vintage neon signs, rare photographs, documents, postcards, old-school BMX bikes, yearbook, vintage clothing and classic cars. The museum also features exhibits from the famous rodeo taylor Nudie Cohn, Mad man Muntz, Magic

Muffler, Redline bmx, Mongoose bmx, Tiffany theater, White Horse Inn and General Motors. This wonderful pop-culture history museum is an amazing place to visit for the whole family. We are in Chatsworth California in the San Fernando Valley.

Vibrato Grill Jazz

(310) 474-9400

2930 N Beverly Glen Cir.

Los Angeles, CA 90077

<https://www.vibratogrilljazz.com>

One of LA's most exciting restaurants, Vibrato Grill, Jazz, etc. is also the city's premiere jazz space. Its warm and elegant interior embraces guests with stunning visuals, world-class music and sound design, and the absolute best in contemporary American cuisine. Conceived by nine-time Grammy winning music icon Herb Alpert, Vibrato brings these elements together in sumptuous harmony for an experience that's a delight to all the senses.

West Valley Playhouse

(818) 884-1907

7507 Topanga Blvd.

Canoga Park, CA 91303

<https://www.wvplayhouse.com>

The Woodland Hills Theatre/West Valley Playhouse is a 501(C)3 non-profit org. that is specifically dedicated to bringing quality live theatre to the people of the West San Fernando Valley. The group is committed to performing the commercial successes of Broadway, as well as lesser-known works that represent the best of our theatrical heritage. The primary goal of our theatre is to provide quality entertainment at a reasonable price and to make it available to all the people of the community we serve.

GROCERY STORES

Smart & Final Extra!

(818) 274-0111
7224 Mason Ave.
Winnetka, CA 91306

Alberton's

(818) 772-0010
19307 Saticoy St.
Reseda, CA 91335
<https://www.albertsons.com>

Bangluck Market

(818) 708-0333
7235 Reseda Blvd.
Reseda, CA 91335

CVS

(818) 654-9512
7219 Canby Ave.
Reseda, CA 91335
<https://www.cvs.com>

Food 4 Less

(818) 343-3492
18300 Vanowen St.
Reseda, CA 91335
<https://www.food4less.com>

Greenland Market

(818) 708-7396
17643 Sherman Way
Van Nuys, CA 91406

Grocery Outlet Bargain

(747) 226-1899
19718 Sherman Way
Winnetka, CA 91306
<https://www.groceryoutlet.com>

Jons Marketplace

(818) 758-3422
18135 Sherman Way
Los Angeles, CA 91335
<https://www.jonsmarketplace.com>

Ralphs

(818) 609-8425
17250 Saticoy St.
Los Angeles, CA 91406
<https://www.ralphs.com>

Rite Aid

(818) 345-1543
17266 Saticoy St.
Van Nuys, CA 91406
<https://www.riteaid.com>

Target

(818) 772-0494
8840 Corbin Ave.
Northridge, CA 91324
<https://target.com>

Valley Marketplace

(818) 609-1955
18345 Vanowen St.
Reseda, CA 91335
<https://www.valleymarketplacesocal.com>

VONS

(818) 881-2020
19333 Victory Blvd.
Reseda, CA 91335
<https://www.vons.com>

LEISURE

AMC Promenade 16

(818) 883-0706

21801 Oxnard St.

Woodland Hills, CA 91367

<https://www.amctheatres.com>

Welcome to America's Hometown Theatre. You can depend on our fun, friendly, local theatres for a great movie-going experience with value in mind. Come enjoy Coca-Cola Freestyle machines and delicious menu items like pretzel bites, movie nachos, and refillable annual popcorn buckets.

Architect Escape Rooms

(818) 588-4480

7019 Reseda Blvd.

Reseda, CA 91335

<https://www.architectescaperooms.com>

Architect Escape Rooms is a fun new entertainment concept in LA and San Fernando Valley. Your goal is simple: work together as a team while testing your wits and skills to escape from a locked room or solve a suspenseful mystery. While the goal is simple, the game is challenging. Book today and see if you can keep cool under pressure and escape in under 60 minutes. Whether it's a fun night out with friends and family, celebrating an event or birthday party, improving team-building skills, planning a special date night, or simply having an exciting new experience, Architect is ready to give you an incredible real-life gaming adventure.

Color Me Mine

(818) 784-0400

16350 Ventura Blvd. Ste B

Encino, CA 91436

<https://www.encino.colormemine.com>

Color Me Mine is a paint-your-own-pottery studio dedicated to exploring The Art of Having Fun! Choose from our wide selection of ceramic items and paint it however you'd like. We have 60 colors to paint with and a variety of tools and techniques we can teach you to bring your vision to life. When you're finished painting, leave it with us! We hand glaze and fire each piece and will let you know when it's ready for pick-up.

Corbin Bowl

(818) 996-2695

19616 Ventura Blvd.

Tarzana, CA 91356

<https://www.corbinbowl.net>

We specialize in bowling, bowling leagues, children birthday parties, adult birthday parties, teen birthday parties, company events, holiday parties, buy outs, bar mitzvahs, bat mitzvahs, film shoots, live entertainment, live music, live music, karaoke, food, beverage, alcoholic beverages, craft beers, local beers, beer, liquor, specialty cocktails, nightly specials, comedy nights, and entertainment galore!

Laemmle Town Center 5

(818) 981-9811

17200 Ventura Blvd.

Encino, CA 91316

<https://www.laemmle.com>

Laemmle, pronounced "LEM-lee", is synonymous with great independent, foreign, and art house cinema. In over 75 years of operation, we have been guided by our commitment to exhibit "quality film without regard to genre or provenance". Laemmle provides unique cinematic

experiences such as one-night screenings, special events, premieres, and Academy qualifications.

Matador Bowl

(818) 892-8677

9118 Balboa Blvd.

Los Angeles, CA 91325

<https://www.backalleybowling.com>

We're more than a bowling alley -- we're a gathering place for our beloved community. Since 1960, Matador Bowl has been the place to go for fun, food, and festivities. There's always a friendly face to welcome you, whether you're out for an afternoon with the family, competing on league night, or here for karaoke with friends. Enjoy a beverage from our full bar, grab a bite from our menu, and try your luck on our lanes-- we know you'll feel right at home.

Pacific Theatres Winnetka 12 & XD

(323) 615-2202

9201 Winnetka Ave.

Chatsworth, CA 91311

<https://www.pacifictheatres.com>

Pacific Winnetka is located in the heart of Chatsworth offering a movie going convenience within walking distance of an array of shopping and dining options. The theatre has 12 auditoriums all with reserved seating and has special Monday Morning Mommy movies and XD showings.

Sherman Oaks Castle Park

(818) 756-9459

4989 Sepulveda Blvd.

Sherman Oaks, CA 91403

<https://www.laparks.org/castlepark>

Come to Sherman Oaks Castle Park for an exciting game of mini golf and more! Experience a wide selection of exciting games in our arcade, ranging from the ever-competitive air hockey to thrilling redemption games with big jackpots. Also try your hand at The Vault, a laser maze straight out of a spy movie. Fun for all ages, bring the family and have a blast.

PARKS & RECREATION

Cleveland Aquatic Center

(818) 756-9798

8120 Vanalden Ave.

Reseda, CA 91335

<https://www.laparks.org/aquatic/year-round/cleveland-aquatic-center>

The Cleveland Aquatic Center offers a year-round pool that is indoor and heated. The center offers programs that include novice springboard diving, a novice swim team, novice synchronized swimming, novice water polo, youth and adult swim lessons, Aquacise, and lifeguard training.

Lake Balboa/Anthony C. Beilenson Park

(818) 756-9743

6300 Balboa Blvd.

Van Nuys, CA 91406

www.laparks.org/dos/aquatic/balboa

Lake Balboa or Anthony C. Beilenson Park is an 80-acre recreation facility with Lake Balboa as the centerpiece of this oasis. The park has barbecue pits, a bicycle path, a cascade, a children's play area, a fly-fishing area, a 1.3-mile jogging path, a lake for fishing, a launch ramp, pedal boats, picnic pavilions and picnic tables, private boating,

and a remote control boating cove. This park also has beautiful Japanese cherry blossom trees.

Louise Park

(818) 756-8189

7140 Louise Ave.

Van Nuys, CA 91406

<https://www.laparks.org/park/louise>

Louise Park is great area for you, your family, and friends. This park features BBQ pits, a lighted baseball diamond, unlighted basketball courts, picnic tables, and a children's play area.

Northridge Pool

(818) 709-7475

10058 Reseda Blvd.

Los Angeles, CA 91324

<https://www.laparks.org/aquatic/summer/northridge-pool>

The Northridge Pool is a public pool for everyone. This site has an outdoor pool with a water slide and a children's pool. They also have programs that include novice springboard diving, a novice swim team, novice synchronized swimming, swim lessons, and a junior lifeguard training program.

Reseda Recreating Center and Park

(818) 881-3882

18411 Victory Blvd.

Reseda, CA 91335

www.laparks.org/reccenter/reseda

Reseda Park is a roughly 41-acre municipal park landscaped with lawn and a number of mature deciduous and evergreen trees, including sycamores and pines. It includes a three-acre lake, baseball fields, sand volleyball courts, tennis courts, basketball courts,

playgrounds, and an outdoor pool. There are also BBQ pits, picnic tables, and private community rooms for your special occasions.

Tarzana Recreation Center

(818) 343-5946

5655 Vanalden Ave.

Tarzana, CA 91356

www.laparks.org/reccenter/tarzana

The Tarzana Recreation Center is a space with a variety of offerings for the community. In the center, there are programs for kids and adults including baseball, basketball, softball, t-ball, arts & crafts, Creative Expressions (pre-school enrichment), dance, summer camp, winter camp, and special events. The space also has an auditorium, baseball diamond, basketball courts, children's play area, community room, indoor gym, picnic tables, kitchen, a multipurpose room, and stage.

Vanalden Cave

3630 Vanalden Ave.

Tarzana, CA 91356

Vanalden Cave near Tarzana is one of the most unusual sandstone formations in the Santa Monica Mountains and is quite easy to hike to. Vanalden Cave is a sandstone den about 25 feet tall, 25 feet wide, and 50 feet deep. Hike 0.6 miles round trip to Vanalden Cave for a short excursion with 100 feet of elevation change or extend the hike to 1.55 miles round trip with 350 feet of elevation change to reach a nearby vista point on Vanalden Trail that provides a panoramic amphitheater-like view of the Santa Monica Mountains.

Van Nuys Golf Course

(818) 785-8871

6550 Odessa St.

Van Nuys, CA 91406

<https://www.vannuysgc.com>

Van Nuys Golf Course is the complete golf facility including the following: 18-hole Par-3 course, a 9-hole Executive course (both are 100% Night Lit), night-lit and shade covered driving range, new practice facility including a chipping green and practice bunker, and a newly opened snack bar and lounge. We also offer instruction and weekly kids golf clinics. The Van Nuys Course is great for all levels of golfer, from beginner

to advanced, who are looking to fine tune their short game.

West Valley Park

(818) 756-8189

6731 Wilbur Ave.

Reseda, CA 91335

<https://www.laparks.org/park/west-valley>

West Valley Park is a quaint park full of fun awaiting you and your family. This park offers a children's play area and picnic tables.

SCHOOLS & COLLEGES

California State University, Los Angeles

(323) 343-3000

5151 State University Dr.

Los Angeles, CA 90032

<https://www.calstatela.edu>

Cal State LA transforms lives and fosters thriving communities across greater Los Angeles. We cultivate and amplify our students' unique talents, diverse life experiences, and intellect through engaged teaching, learning, scholarship, research, and public service that support their overall success, well-being, and the greater good. With 100 undergraduate, graduate, pre-professional and certificate programs, as well as our Early Entrance Program and Study Abroad opportunities, you work closely with your professors and classmates to help master your coursework and excel in your chosen field. Whether it's interning with NBC's "Dateline," conducting cancer research at the City of Hope or studying star formation at NASA's Jet Propulsion Laboratory, you'll learn by doing. You're in Los Angeles—the possibilities are endless.

California State University, Northridge

(818) 677-3001

18111 Nordhoff St.

Los Angeles, CA 91325

<https://www.csun.edu>

California State University, Northridge is a vibrant, diverse university community of 38,310 students and more than 4,000 faculty and staff, sited on a 356-acre campus in the heart of Los Angeles' San Fernando Valley. As you explore the university's web site, you will find ample evidence of Cal State Northridge's commitment to the educational and professional goals of students, and its extensive service to the community.

Garden Grove Elementary School

(818) 343-4762

18141 Valerio St.

Reseda, CA 91335

<https://gges-laUSD-ca.schoolloop.com/>

Garden Grove Elementary School aims to provide a rigorous and collaborative learning environment that develops compassionate leaders and prepares our

students with 21st-century skills needed to be college and career ready in a diverse world.

**Los Angeles Academy of Figurative Art
- LAAFA**

(818) 708-9232
16926 Saticoy St.
Van Nuys, CA 91406
<https://laafa.edu>

The Los Angeles Academy of Figurative Art (LAAFA) was founded in 2002. The academy started with the intention to fulfill a need in the community by offering figurative classes that would be taught by professional and skilled artists. In no time, the academy built a strong reputation as a learning institution for foundational training that has expanded in providing accredited BFA Degrees and Atelier Certificates in Fine Art and Entertainment Art. LAAFA is recognized as one of the few and premier institutions imparting time-honored skills praised by contemporary figurative and entertainment artists. LAAFA remains committed to providing the community with a place of learning where students can pursue their artistic goals and thrive in their art education in our full-time or continuing education programs.

Loyola Marymount University

(310) 338-2700
1 LMU Dr.
Los Angeles, CA 90045
<https://www.lmu.edu>

LMU offers more than 150 degrees, certificates and credentials to prepare outstanding individuals for lives of meaning, purpose and professional success. Our breadth and depth in academics come from pre-eminent faculty,

who have built LMU's reputation as one of the nation's top universities. We offer 60 major and 55 minor undergraduate degrees and programs. For graduate students, we have 39 master's degree programs, one education doctorate, one juris doctorate, one Doctors of Juridical Science and 10 credential/authorization programs.

Magnolia Science Academy

(818) 609-0507
18238 Sherman Way
Reseda, CA 91335
<https://msa1.magnoliapublicschools.org>
Students throughout all Magnolia Science Academy's (MSA) campuses use technology daily at school and at home as a tool to work collaboratively with each other and communicate with teachers. We challenge their minds and foster an environment where students want to learn, whether that is through our science labs, or our robotics projects and competitions. At Magnolia Science Academy we place great emphasis on STEAM education, as it will give our students an advantage in their college and career plans. Students at Magnolia Science Academy also participate in a variety of school activities and clubs including technology & engineering, language & culture, community service, and visual & performing arts.

Northridge Middle School

(818) 678-5100
17960 Chase St.
Northridge, CA 91325
<http://www.northridgems.org/>
The Mission of Northridge Middle School is to provide a safe and rich environment filled with academic and social opportunities and

resources to motivate students to become problem solvers, creative and critical thinkers who are lifelong learners, responsible and accountable for their actions.

Pierce College

(818) 719-6401

6201 Winnetka Ave.

Woodland Hills, CA 91371

<https://www.piercecollege.edu>

Pierce College is a flourishing two-year public institution in Southern California providing opportunities for transfer education, occupational training, and life-long learning. Founded in 1947, Pierce is a comprehensive college with more than 60 disciplines and 111 degree programs being taught to 22,000 students each semester. It is one of the nine colleges of the Los Angeles Community College District and is fully accredited by the Western Association of Schools and Colleges, a nationally recognized accrediting agency.

Reseda Charter High School

(818) 758-3600

18230 Kittridge St.

Reseda, CA 91335

<http://www.resedahs.net>

The teachers, staff, students, parents, and community members of Reseda Charter High School work together to create a safe and academic environment in which young adults are provided the opportunity to develop the judgment and skills needed to prosper as citizens in the 21st century. Through learner-centered instruction and performance assessment, our motivated students will become academically capable and self-sufficient individuals ready to meet the challenges of society.

Reseda Elementary School

(818) 343-1312

7265 Amigo Ave.

Reseda, CA 91335

<https://resedaes-laUSD-ca.schoolloop.com>

At Reseda Elementary, we are committed to educational excellence. Students are encouraged to develop a growth mindset, leading to higher student motivation, effort, and achievement. Our students are empowered leaders, with focus on personal responsibility, critical thinking, and problem solving. We foster our 21st century learners to become contributing members of a diverse community.

SHOPPING CENTERS

Devonshire Reseda Shopping Center

(818) 710-6100

18711 Devonshire St.

Northridge, CA 91324

<http://www.devonshirereseda.com>

Conveniently located on the corner of Devonshire Street and Reseda Boulevard in the city of Northridge, California, the

Devonshire Reseda Shopping Center offers a mix of daily needs stores, financial services, and a top-notch health club, as well as a wide variety of choice restaurants, from casual to cuisine.

Northridge Fashion Center

(818) 885-9700

9301 Tampa Ave.
Northridge, CA 91324
<https://www.northridgefashioncenter.com>

At Northridge Fashion Center, you'll find the very best in retail to appeal to every taste and budget, from luxury items to your favorite national brands. Delight yourself or someone you love with a special something from one of 170 stores, and treat the whole family to a meal at one of the family-friendly dining options right onsite.

Tarzana Square

(818) 881-8100
18399 Ventura Blvd.
Tarzana, CA 91356
<https://www.tarzanasquare.com>

The cornerstone of the community. Offering Tarzana families an eclectic mix of medical, shopping, dining and services. Tarzana Square offers a wide blend of more than 60 specialty shops including 10 unique service stores, 40 medical practitioners, and others like Tarzana Computers, Venus Jewelers, Norm's Pharmacy, Tarzana Tour, Maui Sugar Mill Saloon and Pet Food Express.

Village Walk At Tarzana

(818) 609-0194
18700 Ventura Blvd.
Tarzana, CA 91356

Located less than a half mile from the 101 freeway in the Tarzana/Encino trade area with great visibility along Ventura Boulevard, the 149,259-square-foot Village Walk shopping center is anchored by a 54,000-square-foot Whole Foods, and also features tenants TJ Maxx and LA Fitness, among others.

Westfield Topanga & The Village

(818) 594-8732
6600 Topanga Canyon Blvd.
Canoga Park, CA 91303
<https://www.westfield.com/topanga>

With more visitors than Disneyland, Westfield Topanga & The Village is a must see on any discerning shopper's list. From luxury fashion that range to Gucci to H&M to LA's finest food, tempered with a careful selection of boutiques, Westfield Topanga & The Village captures the L.A. essence like no other shopping destination.



HEALTH & SAFETY



AIDS & HIV

AHF Healthcare Center - Valley

(818) 380-2626

4940 Van Nuys Blvd Ste 200

Van Nuys, CA 91403

<https://hivcare.org/>

The AIDS Healthcare Foundation (AHF) offers medical care for people living with HIV.

Elizabeth Taylor AIDS Foundation

(310) 472- 7778

9701 Wilshire Blvd. Ste. 600

Beverly Hills, CA 90212

<https://elizabethayloraidsfoundation.org/contact/>

This non-profit serves individuals living with and affected by HIV/AIDS in Los Angeles.

Northeast Valley Health Corporation - Van Nuys HIV and Adult Division

(818) 988-6335

14624 Van Nuys Blvd., Ste. 600

Van Nuys , Los Angeles 91405

<https://nevhc.org/our-team/van-nuys-adult-health-center-hiv/>

The agency provides dental services, health insurance, health services, HIV/AIDS services, substance use disorder services, and WIC primarily for people who live in the San Fernando Valley including people who are low income, working poor, uninsured, and medically underserved.

Smart Health LA at Valley Community Healthcare

(818) 301-6334

6801 Coldwater Canyon Ave.

North Hollywood, CA 91605

<http://smarthealthla.com/>

This organization offers mental, physical, and sexual health support and guidance to the LGBT and surrounding communities with the goal of improving overall health outcomes.

CLINICS & HOSPITALS

Cedars Sinai Medical Center

(310) 423-3277

8730 Alden Dr. No. 2E

Los Angeles, CA 90048

<https://www.cedars-sinai.edu/>

Children's Hospital Los Angeles – Encino Specialty Care Center

(818) 788-3061

5363 Balboa Blvd No. 121

Encino, CA 91316

<https://www.chla.org/encino-specialty-care-center>

Encino Hospital Medical Center – 24 Hours Emergency Care

(818) 995-5000

16237 Ventura Blvd.

Encino, CA 91436

<https://www.encinomed.org/>

Family Birth Center – Northridge Hospital Medical Center – Northridge

(818) 885- 5434

18300 Roscoe Blvd.

Northridge, CA 91325

<https://locations.dignityhealth.org/>

Kaiser Permanente Woodland Hills Medical Center

(883) 357-42273
5601 De Soto Ave.
Woodland Hills, CA 91367
<http://healthy.kaiserpermanente.org/>

Mission Community Hospital

(818) 787-2222
14850 Roscoe Blvd.
Panorama City, CA 91402
<https://www.mchonline.org/>

Northridge Hospital Foundation

(818) 885-5341
18300 Roscoe Blvd
Northridge, CA 91325
<https://www.supportnorthridge.org/about-us/contact-us>

Providence Cedars-Sinai Tarzana Medical Center

(818) 881-0800
18321 Clark St.
Tarzana, CA 91356
<https://www.providence.org>

Rachman Medical Group – Primary Care Clinic

(818) 485-4517
7601 Canby Ave Suite 7
Reseda, CA 91335
<http://www.rachmanmedical.com/>

Sherman Oaks Hospital- Outpatient

(818) 990-2573

4911 Van Nuys Blvd.
Sherman Oaks, CA 91403
<https://www.shermanoakshospital.org>

Tarzana Treatment Center

(818) 996-1051
6022 Variel Ave
Woodland Hills, CA 91367
<https://www.tarzanatc.org/>

UCLA Health

(818) 610-0292
6344 Topanga Canyon Blvd
Woodland Hills, CA 91367
<https://uclahealth.org/WoodlandHills>

Valley Family Medicine Urgent Care Center

(818) 774- 0955
7601 Canby Ave, Suite 6A
Reseda, CA 91335
<http://valleyfamilymedicineurgentcarecenter.com/>

Valley Presbyterian Hospital

(818) 782-6600
15107 Vanowen St
Van Nuys, CA 91405
<http://www.valleypres.org/>

West Hills Hospital and Medical Center

(818) 676-4000
7300 Medical Center Dr
West Hills, CA 91307
<http://westhillshospital.com/>

DISABILITIES

Braille Institute

(800) 272-4553
<https://www.brailleinstitute.org/>

Programs and services for the blind and visually impaired.

Genetically Handicapped Persons Program

(800) 639-0597
311 S. Spring St., Ste. 800
Los Angeles, CA 90013
<https://www.dhcs.ca.gov/services/ghpp>
The Genetically Handicapped Persons Program (GHPP) is a health care program for adults with specific genetic diseases. GHPP helps beneficiaries with their health care costs.

Greater LA Agency on Deafness, Inc

(323) 478-8000
<https://gladinc.org/>
Greater LA Agency on Deafness (GLAD) works with consumers, businesses and service providers to improve quality of life and ensure communication access for the deaf, hard of hearing and deaf-blind community.

North Los Angeles County Regional Center

(818) 778-1900
<https://www.nlacrc.org/>
North Los Angeles County Regional Center (NLACRC) is one of 21 private, non-profit organizations under contract with the California Department of Developmental Services (DDS) to coordinate and provide community-based services to persons with intellectual and developmental disabilities.

United Cerebral Palsy

(818) 782-2211
6430 Independence Ave.
Woodland Hills, CA 91367
<https://ucp.org/>
This agency offers services for people with developmental disabilities.

EMERGENCIES

American Red Cross - Los Angeles Region Office

General (310) 445-9908
Emergency assistance (877) 272-7337
1450 S Central Ave
Los Angeles, CA 90021
<https://www.redcross.org/local/california>
Dedicated to helping victims of disaster and providing programs and services that help the community prevent, prepare for, and respond to emergencies.

Poison Hotline

(800) 222-1222
3201 New Mexico Ave., Ste. 310,
Washington, DC 20016
<https://www.poison.org/>
Poison Control tells you what to do if you swallow, splash, or get stung by something that may be harmful.

WOMEN'S CLINICS

Planned Parenthood - Canoga Park Health Center

www.plannedparenthood.org

(800) 576-5544

21001 Sherman Way #9

Canoga Park, CA 91303

Planned parenthood provides birth control; pregnancy testing and services; STD testing, treatment, and vaccines; pelvic exams; abortion and abortion referral; emergency contraception ("Morning-After" pill); primary care; HIV services; transgender hormone therapy; and men's health services, including cancer, STDs, fertility, sexual dysfunction, and birth control.

The Leavey Cancer Navigator Program at Dignity Health

www.dignityhealth.org

(888) 652-5413 ex. 4010

18300 Roscoe Blvd., Northridge, CA 91325

The Navigator Program is a breast cancer screening program that supports women with no health insurance who are 40 years of age or older. Mammograms and additional diagnostic testing are available free of charge for those who qualify. Screenings are available by appointment at the Carole Pump Women's Center.

FAMILIES & CHILDREN

El Proyecto del Barrio – Arleta Health Center

(818) 830-7033

8902 Woodman Ave.

Arleta, CA 91331

<http://www.elproyecto.us/>

El Proyecto del Barrio provides business services, family life education, health services, HIV/AIDS services, substance use disorder services, WIC programs, welfare-to-work support services and youth services for low-income people who live in the San Fernando Valley. Services are targeted, but not restricted, to the Spanish-speaking community.

Healthy Families + Medical for Children

(888) 747- 1222

<https://www.dhcs.ca.gov/services/medical/eligibility/Pages/SB-75.aspx>

Healthy Families is low cost insurance for California children and teens. It provides health, dental and vision coverage to children who do not have insurance and do not qualify for free Medi-Cal.

Los Angeles County Department of Health Services – Mid-Valley Comprehensive Health Center

(818) 627-3000

7515 Van Nuys Blvd.

Van Nuys, CA 91405

<https://dhs.lacounty.gov/midvalley/>

The center provides health services for people in Los Angeles County. Services include cardiovascular medicine, dental

care, urology and women's health, among others.

Mission City Community Network Inc.

(818) 893-9464
15206 Parthenia St.
North Hills, CA 91343
<https://mccn.org/>

This agency provides health services for people of all ages in the Northeast San Fernando Valley area.

Northeast Valley Health Corporation - LAC - Canoga Park Health Center

(818) 340-3570
7107 Remmet Ave.
Canoga Park, CA 91303
<https://nevhc.org/our-team/canoga-park-health-center/>

This agency provides dental services, health insurance, health services, HIV/AIDS services, substance use disorder services, and WIC.

Northeast Valley Health Corporation - Homeless Health Care Center

(818) 765-8656
6551 Van Nuys Blvd
Van Nuys, CA 91401
<https://nevhc.org/homeless-health-care-network/>

The agency provides dental services, health insurance, health services, HIV/AIDS services, substance use disorder services, and WIC primarily for people who live in the San Fernando Valley.

Northeast Valley Health Corporation – Van Nuys – Pediatric Health Center and WIC Site

(818) 778-6240
7138 Van Nuys Blvd.
Van Nuys, CA 91405
<https://nevhc.org/our-team/van-nuys-pediatric-health-center/>

The agency provides dental services, health insurance, health services, HIV/AIDS services, substance use disorder services, and WIC primarily for people who live in the San Fernando Valley.

WIC

(888) 942-9675
P.O. Box 997375
Sacramento, CA 95899-7375
<https://m.wic.ca.gov/>

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

WIC Program - Canoga Park Office

(818) 619- 3232
21013 Sherman Way
Canoga Park, CA 91303
<https://wicforfamilies.org>

This is a WIC administrative office. This agency administers and refers to other WIC programs and to its 48 sites throughout Los Angeles County.

MENTAL HEALTH & DISORDERED EATING

Bridges - Trustart Clinic

(818) 657-0411

20501 Ventura Blvd.

Woodland Hills, CA 91364

<http://www.bridgesrehab.org/>

The agency provides outpatient mental health services for youth, ages 6 to 21, and residential mental health services for adults in Los Angeles County.

Los Angeles County Department of Mental Health - San Fernando Mental Health Center

(818) 832-2400

10605 Balboa Blvd., Ste. 100

Granada Hills, CA 91344

<https://locator.lacounty.gov/dmh/Location/3180997/san-fernando-mental-health-center>

The center provides mental health services for children and adults with mental/emotional disturbance in the San Fernando Valley.

Los Angeles County Department of Mental Health - Valley Coordinated Children's Services

(818) 708-4500

19231 Victory Blvd., Ste. 110

Reseda, CA 91335

<https://locator.lacounty.gov/dmh/Location/3181132/valley-coordinated-childrens-services>

The agency provides mental health services for youth ages 17 and younger who live in the San Fernando Valley.

Los Angeles County Department of Mental Health - West Valley Mental Health Center

(818) 407-3200

20151 Nordhoff St.

Chatsworth, CA 91311

<https://locator.lacounty.gov/health/Location/3180998/west-valley-mental-health-center>

The center provides mental health services and welfare-to-work support services for adults in Agoura Hills, Calabasas, Canoga Park, Chatsworth, Hidden Hills, Northridge, Porter Ranch, Reseda, Tarzana, West Hills, Westlake Village (LA County portion), Winnetka and Woodland Hills.

Mission Community Hospital

(818) 787-2222

14850 Roscoe Blvd.

Panorama City, CA 91402

<https://www.mchonline.org/>

The facility provides health education, hospital services, mental health services, safe haven services, and substance abuse services for people of all ages in Los Angeles County.

National Suicide Prevention Hotline

CALL: (800) 273-8255

TEXT: HELLO (741741)

DEAF/HARD OF HEARING HELPLINE:

(1-800) 799-4889

<https://suicidepreventionlifeline.org/>

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Online chat options available for deaf and hard of hearing.

Project Return Peer Support Network- The Warmline

(888) 448-9777

2677 1/2 Zoe Ave Suite # 304

Huntington Park, CA 90255

www.prpsn.org

The program provides mental health services for people who are recovering from mental illness. Services include helplines, warmlines for non-emergency situations, legislative advocacy, mental health related support groups, psychiatric resocialization and respite care.

San Fernando Valley Community Mental Health Center, Inc.

(818) 901-4830

16360 Roscoe Blvd, 2nd Floor

Van Nuys, CA 91406

<https://www.movinglivesforward.org/>

This agency offers a variety of mental health services for all age ranges as well as LGBTQ+ affirming programs.

The Alliance for Eating Disorders Helpline

1(866) 662-1235

The Alliance for Eating Disorders Awareness Helpline offers support and resources for individuals dealing with eating disorders. Whether someone is struggling with anorexia, bulimia, binge eating disorders, or body image issues, the helpline is there to provide compassionate assistance on the journey toward recovery and healing.

LGBTQIA+ Resources

Los Angeles LGBT Center

(323) 933-7400

7150 Tampa Ave., Reseda CA 91335

The Center's nearly 800 employees provide services for more queer and trans people than any organization in the world—offering programs, services, and global advocacy that spans four broad categories: Health, Social Services and Housing, Culture and Education, and Leadership and Advocacy. Support available for Youth, Seniors, Transgender People, Survivors, and those struggling with Substance Use. Medical, Mental Health, and Legal Services available.

San Fernando Valley LGBTQ Center

(323) 933-7400

7150 Tampa Ave., Reseda CA 91335

The SFV LGBTQ Center and its affiliates serve San Fernando Valley area and beyond. Offering community LGBTQ+ artists, social services and counseling,

homeless resources, leadership opportunities, and LGBTQ+ advocacy to help end violence and bigotry, as well as business networking opportunities.

The Gay, Lesbian, Bisexual and Transgender National Hotline

www.lgbthotline.org

(888) 843-4564

The LGBT National Help Center is a nonprofit organization that provides vital peer support, community connections, and resource information. Our services focus on sexual orientation and/or gender identity and expression. We help youth and adults with coming-out issues, safer-sex information, school bullying, family concerns, relationship problems, and a lot more.

Trans Lifeline

www.translifeline.org

(877) 565-8860

Trans Lifeline connects trans people to the community support and resources we need to survive and thrive. Trans Lifeline is the nation's only crisis and peer-supported hotline staffed by trans people, for trans people. And unlike other hotlines at our scale, we don't engage in nonconsensual intervention—our callers will never have emergency services called on them without their consent.

The Trevor Project

Call: (866) 627-3738

Text: 678-678 (Standard messaging rates may apply)

The Trevor Project is the leading national organization providing crises intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people aged 13-24.

Rape, Abuse, & Incest National Network (RAINN)

English: www.rainn.org

Español: www.rainn.org/es

(800) 656-4673

RAINN is the nation's largest anti-sexual violence organization. Rainn created and operates the National Sexual Abuse Hotline in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

Tarzana Treatment Services

www.tarzanatc.org

Tarzana Treatment Center provides HIV/AIDS services for both HIV infected and HIV affected clients with vital health education, nutritional counseling, and treatment strategies for an improved and extended quality of life. Our HIV / Aids medical services include STD screening, Pap Smear, and comprehensive medical care. E address the issues surrounding HIV/ AIDS, including attitudes and behaviors which can negatively impact the recovery process for teens and adults.

VETERANS' RESOURCES

California Department of Veterans Affairs (CalVet)

(800) 952-5626

Mailing Address: P.O. Box 942895, Sacramento, CA 94295

<https://www.calvet.ca.gov/>

CalVet focuses on the overall wellness and reintegration of military veterans from all eras. Services include housing assistance, behavioral health treatment, and case management, and more.

Veterans Crisis Line

CALL: 988 (Then press 1)

TEXT: 838255

This line is a confidential support service provided by the U.S. Department of Veterans Affairs (VA) for veterans, service members, and their families. The goal of the Veterans Crisis Line is to ensure that veterans and their loved ones receive the help and support they need during difficult times, fostering a safe and supportive space for those who have served our country

OTHER

Center for Healthcare Rights

(213) 383-4519, Ext. 3006
520 S. Lafayette Park Place, Suite 214
Los Angeles, CA 90057
www.healthcarerights.org

The Center for Health Care Rights (CHCR) is a nonprofit health care advocacy organization dedicated to assuring consumer access to quality health care through education, counseling, informal advocacy, and legal services.

Denti-Cal

(800) 322-6384
<https://dental.dhcs.ca.gov/>
Under the guidance of the California Department of Health Care Services, the Medi-Cal Dental Program aims to provide Medi-Cal beneficiaries with access to high-quality dental care.

Health Net

(800) 675-6110
21281 Burbank Blvd.
Woodland Hills, Los Angeles 91367
https://www.healthnet.com/content/healthnet/en_us.html
The organization administers health insurance plans for low to moderate income families in Los Angeles County. The agency

offers a managed Medi-Cal Plan and is a community provider for the LA County Healthy Families Program.

Medi-Cal Assistance

(800) 541-5555
<https://www.medi-cal.ca.gov/contact.asp>
Here you will find Medi-Cal resources and health information for individuals, families, children with special medical conditions and seniors needing personal care.

LA Care Health Plan

(888) 452-2273
1055 W. 7th St., 10th Fl.
Los Angeles, Los Angeles 90017
<https://www.lacare.org/>
The organization administers health insurance plans for low to moderate income families in Los Angeles County.

Los Angeles County Health and Nutrition Hotline

(877) 597-4777
<http://publichealth.lacounty.gov/nut/>
This hotline provides food stamp information as well as information about nutrition and physical activity programs county wide.



TRANSPORTATION



FOR THE ELDERLY & PERSONS WITH DISABILITIES

Access Paratransit

(800) 827-0829

Hotline: 511

<https://accessla.org/home/>

Access Services is responsible for the administration of Access, the Americans with Disabilities Act (ADA) mandated paratransit transportation program for Los Angeles County and is committed to improving the mobility on public transit of persons with disabilities.

Cityride

(800) 808-7433

<https://www.ladottransit.com/cityride/>

The Cityride Program is a transportation program for individuals age 65 or older and qualified persons with disabilities in the City of Los Angeles and select areas of Los

Angeles County (Marina Del Rey, Kagel Canyon, Topanga, and areas near Calabasas, Chatsworth, Carson, and Long Beach).

Dial-A-Ride in Los Angeles

For Applications:

5747 Rickenbacker Rd

Commerce, CA 90040

Dial-A-Ride Information

(800) 827-0829

https://accessla.org/riding_access/onlinereservations.html

Access Paratransit provides Americans with Disabilities Act (ADA) mandated paratransit services for eligible people with disabilities who are unable to use public fixed route transportation systems.

PUBLIC TRANSPORTATION SERVICES

Culver CityBus

(310) 253-6510

<https://www.culvercity.org/how-do-i/find/culver-city-bus>

Arrival times, departure times, schedules, fares, system maps, etc. pertaining to the Culver City Bus system.

LADOT Transit

(818) 943-6211

<https://www.ladottransit.com/>

Access info about DASH, Commuter Express, City Ride, LA now, real-time bus information and other transportation services in LA county.

LA GO Bus

(800) 827-0829

<https://dpw.lacounty.gov/transit/DAR.aspx>

Provides dial-a-ride (paratransit) services for eligible residents of the unincorporated areas of Los Angeles County.

LA Metro Home

(323) 466-3876

<https://www.metro.net/>

You will find information about the Metro System in Los Angeles County. Additionally, you will find arrival times, departure times, schedules, fares, system maps, etc.

OTHER

Department of Motor Vehicles (DMV) - Winnetka

(800) 777- 0133

20725 Sherman Way

Winnetka, CA 91306

<https://www.dmv.ca.gov/portal/field-office/winnetka/>

Available for Driver License and ID Card Processing, and Vehicle Registration. Has DMV Now Kiosks to guide you through various DMV transactions with touchscreen technology. Inquire about accepted forms of payment.

Nearby Bus Stop Locations

These are some cross streets where you'll find bus stops close to you:

- Sherman Way/Mason - North side of street, 0.1 mi.
- Sherman Way/Mason - South side of street, 0.1 mi.
- Sherman Way/Oso - North side of street, 0.1 mi.
- Sherman Way/Oso - South side of street, 0.1 mi.



SOCIAL SERVICES



ADDICTION

Alcoholics Anonymous San Fernando Valley Central Office

(818) 988-3001

The mission of the San Fernando Valley Alcoholics Anonymous - Central Office is to support carrying the message of Alcoholics Anonymous to the still-suffering alcoholic by providing information, literature, and other services to A.A. members, groups and others; throughout the San Fernando Valley area and surrounding communities; and sharing A.A.'s collective experience.

Gambling Addiction Helpline

(800) 426-2537

The agency provides substance abuse services for individuals with gambling problems or individuals who are adversely affected by the gambling problems of others. Services include gambling addiction prevention programs, gambling hotlines and specialized information and referral.

Marijuana Anonymous

(1-800) 766-6779

Marijuana Anonymous is a fellowship of people who share our experience, strength, and hope with each other that we may solve our common problem and help others recover from marijuana addiction.

Narcotics Anonymous San Fernando Valley

(818) 997-3822

Narcotics Anonymous (or NA) is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering

addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. It is the Groups that carry our message: "The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.... That is all we have to give."

Quit Smoking - Centers for Disease Control and Prevention

(1-800) 784-8669.

For support in quitting, including free quit coaching, a free quit plan, free educational materials, and referrals to local resources.

Sex Addicts Anonymous Hotline

(213) 896-2964

The agency provides self-help group services to individuals in Los Angeles County. Services include printed materials, sexual/love addiction support groups, and speaker's bureau services.

Substance Abuse and Mental Health Services Administration (SAMHSA)

CALL: (1-800) 487-4889

TEXT*: 435748 (HELP4U)

A confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

**Currently, the text messaging service is only available in English.*

CHILDREN & YOUTH

California Children's Services

(800) 288-4584

<http://publichealth.lacounty.gov/>

California Children's Services (CCS) is a state program for children with certain diseases or health problems. Through this program, children up to 21 years old can get the health care and services they need. CCS will connect you with doctors and trained health care people who know how to care for your child with special health care needs.

California Youth Crisis Line

(800) 843-5200

<https://calyouth.org/cycl/>

The California Youth Crisis Line (CYCL) operates 24 hours a day, seven days a week as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors respond to 20,000 calls annually with crisis intervention counseling and resource referrals to service providers in the caller's local community.

Child Abuse Hotline

(800) 540-4000

<https://mandreptla.org/cars.web/>

The Child Protection Hotline receives telephone calls alleging suspected child abuse, neglect, and exploitation 24 hours a

day, 7 days a week. Children's Social Workers evaluate all calls of suspected child abuse, neglect, and exploitation to determine if an in-person investigation is warranted by the Department of Children and Family Services (DCFS).

Child Support Hotline

(800) 540-4000 - Within CA

(213) 639-4500 - Outside CA

<https://dcfs.lacounty.gov/>

The Los Angeles County Department of Children and Family Services promotes child safety and well-being by partnering with communities to strengthen families, keeping children at home whenever possible, and connecting them with stable, loving homes in times of need.

Children's Institute Inc – Watts Campus

(323) 523-8600

1522 E. 102nd St.

Los Angeles, CA 90002

www.childrensinstitute.org

The agency provides child abuse services, childcare, early childhood education, family support services, foster care services, mental health services, school readiness and welfare-to-work support services for people of all ages and their families in Los Angeles County.

ELDER SERVICES

AARP

(888) 687-2277

(877) 342-2277 (Spanish)

www.aarp.org

Nationwide advocacy organization for people aged 50 and older. Information and educational resources on an extensive range of subjects, ranging from long-term health care to consumer fraud.

Alzheimer's Association

(800) 272-3900

225 N Michigan Ave., Fl. 17, Chicago, IL
60601

www.alz.org

Nonprofit organization provides support, education, training and resources for families and caregivers affected by Alzheimer's and related disorders.

Better Business Bureau

(703) 276-0100

www.bbb.org

Provides reports on business and charities, helps resolve consumer complaints, and provides consumer counseling.

California Adult Protective Services

(888) 202-4248: For general Information,
toll-free in LA & vicinity

(877) 477-3646: 24-hr abuse hotline

<https://www.cdss.ca.gov/adult-protective-services>

State mandated program charged with investigating situations involving elder and dependent adults who are reported to be in danger due to abuse, neglect, exploitation, or hazardous or unsafe living conditions.

California Advocates for Nursing Home Reform

(800) 474-1116

www.canhr.org

Information and advocacy for nursing home residents and their families, including detailed facility profiles at www.nursinghomeguide.org

California Department of Aging

(800) 510-2020

<https://www.aging.ca.gov/>

The California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State.

California Department of Justice, Bureau of Medi-Cal Fraud and Elder Abuse

(800) 952-5225

<https://oag.ca.gov/bmfea>

Provides information on a wide variety of elder topics, links to numerous other relevant sites, and contains contact and reporting information.

California Independent Living Centers

(916) 325-1690

<https://www.calsilc.ca.gov/independent-locator>

Find Independent Living Centers in this online locator.

Eldercare Locator

(333) 331-7289

www.elder.org

Nationwide information and resource center for seniors and caregivers.

In Home Supportive Services – Line Operations Division – Chatsworth District Office – 01

(888) 822-9622

21615 Plummer St.

Chatsworth, Los Angeles 91311

<http://my.dpss.lacounty.gov/dpss/offices/default.cfm?orgid=702>

The division provides In-Home Supportive Services (IHSS) for older adults and people with disabilities in Los Angeles County.

Long-Term Care Ombudsman Administration for Community Living

(202) 401-4634

To find local resources:

(800) 677-1116

<https://acl.gov/programs/Protecting-Rights-and-Preventing-Abuse/Long-term-Care-Ombudsman-Program>

Trained individuals who advocate for the protection and rights of all residents of 24-hour long-term care facilities. The primary responsibility of the Ombudsman program is to investigate and resolve complaints made by, or on behalf of, individual residents.

National Committee for the Prevention of Elder Abuse

(202) 464-9481

www.preventelderabuse.org

Association of researchers, medical practitioners and advocates dedicated to the safety and security of the elderly. Serves as the nation's clearinghouse on information and materials on elder abuse and neglect.

National Family Caregivers' Association

(855) 227-3640

www.nfcacares.org

Grassroots organization dedicated to improving life for family caregivers, or those caring for loved ones with a chronic illness or disability.

National Hispanic Council on Aging

(202) 347-9733

www.nhcoa.org

Provides information on issues critical to Latino seniors, including those pertaining to health, income, education, employment and housing.

National Institute on Aging

(800) 222-2225

www.nia.nih.gov

Information and consumer information on health and research advances in aging issues.

National Senior Citizens' Law Center

(213) 639-0930

www.nsclc.org

Provides information for elder and dependent adults on such issues as Medicare, Medi-Cal, SSI and pensions.

Nursing Home Compare

Service is online

<https://www.medicare.gov/nursinghomecompare/search.html>

Site designed to help individuals choose a nursing home, includes comprehensive inspection results for all nursing homes.

Silver Strand Care

(818) 904-9888

6464 Vesper Ave.

Van Nuys, Los Angeles 91411

<http://www.silverstrandcare-ca.com/>

The center provides adult day health care for adults aged 18 and older who have health problems, including senior citizens and people who have developmental disabilities or manageable mental and emotional problems.

Report Elder Abuse Hotline

(877) 477-3646

(888) 202-4248

<https://wdacs.lacounty.gov/>

You can call this number to report elder abuse if you know or suspect that an elderly person may be suffering from mistreatment.

Valley Village

(818) 446-0366

20830 Sherman Way
Winnetka, Los Angeles 91306
<https://www.valleyvillage.org/>
This organization provides adult day health care, out of home care, and services for

people with developmental disabilities for people ages 18 and older, including senior citizens.

FAMILY SERVICES

El Proyecto del Barrio – Arleta Health Center

(818) 830-7033
8902 Woodman Ave.
Arleta, Los Angeles 91331
<http://www.elproyecto.us/>
El Proyecto del Barrio provides business services, family life education, health services, HIV/AIDS services, substance use disorder services, WIC programs, welfare-to-work support services and youth services for low-income people who live in the San Fernando Valley. Services are targeted, but not restricted, to the Spanish-speaking community.

FACT (Family, Adult & Child Therapies) – Valley Office

(310) 701-9930
9500 Zelzah Ave.
Northridge, Los Angeles 91325
<https://factfamily.org/>
This organization provides services for people with developmental disabilities and family support services.

Friends of the Family

(818) 988-4430
16861 Parthenia St.
North Hills, Los Angeles 91343
<https://www.fofca.org/>
The agency provides counseling services, family life education and family support services for people of all ages and

supervised visitation and monitoring for parents who live in Los Angeles County.

Catholic Charities of Los Angeles – Guadalupe Community Center

(213) 251-3566
21600 Hart St.
Canoga Park, Los Angeles 91303
<https://catholiccharitiesla.org/san-fernando-region/>
The agency is a community center which provides adult education, early childhood education, emergency food (through its Loaves and Fishes IV program), employment services for refugees, holiday assistance, youth recreation programs and senior citizen programs.

Onegeneration

(818) 708-6625
17400 Victory Blvd.
Van Nuys, Los Angeles 91406
<http://www.onegeneration.org/>
This organization provides childcare, cooling centers, food rescue programs, senior nutrition programs, services for older adults and transportation for people who live in the San Fernando Valley.

Salvation Army Adult Rehabilitation Center - Canoga Park

(818) 449-4615
21375 Roscoe Blvd.
Canoga Park, Los Angeles 91304

https://canogaparkarc.salvationarmy.org/canoga_park_adult_rehabilitation_center/
The Salvation Army works to identify and meet areas of need in the communities it serves. This center provides residential treatment for substance use disorders for men, including ex-offenders.

Tarzana Treatment Centers Inc – Reseda

(818) 342-5897
7101 Baird Ave.
Reseda, Los Angeles 91335
<https://www.tarzanatc.org/>
The center provides advocacy, domestic violence services, health insurance, health

services, HIV/AIDS services, inpatient treatment for substance use disorders, mental health services for adults, residential treatment for substance use disorders, shelter, among others.

Valley Jewish Community Center

(818) 360-2211
20350 Ventura Blvd., Ste. 100
Woodland Hills, Los Angeles 91405
<https://www.valleyjcc.org/>
This center provides recreational programs for people who live in the San Fernando Valley.

FOOD ASSISTANCE

CalFresh (Food Stamps)

(877) 847-3663
By mail: Call the Customer Service Center at (866) 613-3777 and ask for a CalFresh application to be mailed to you. Once you have filled out your CalFresh application, mail it to your local DPSS Office.
<https://www.getcalfresh.org>
CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.

Catholic Charities of Los Angeles - Guadalupe Community Center

(213) 251-3566

21600 Hart St.
Canoga Park, Los Angeles 91303
<https://catholiccharitiesla.org/san-fernando-region/>
This organization provides emergency food through its Loaves and Fishes IV program.

Los Angeles Regional Foodbank

1734 E 41st St.
Los Angeles, CA 90058
www.lafoodbank.org
The Los Angeles Regional Foodbank provides meals for families and children struggling with hunger in the community.

HOUSING

City of LA Housing and Community Investment Department – Southeast Watts Family source – Watts Labor Community Action Committee

(323) 249-7552 Service/Intake

1212 E. 108th St.

Los Angeles, CA 90059

hcidla.lacity.org/family-source-centers

City of Los Angeles Housing and Community Investment Department provides counseling services, disaster services, emergency food, family life education, family support services and youth services for people of all ages in Los Angeles city. Services are provided through a network of 17 family-source centers and are restricted to residents of Los Angeles.

Fair Housing Foundation of Los Angeles

(800) 446-3247

<http://www.fhfca.org/>

The Fair Housing Foundation is dedicated to eliminating discrimination in housing and promoting equal access to housing choices for everyone.

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(800) 446-3247

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Housing Rights Center

(800) 477-5977 or (213) 736-8310

<http://www.housingrightscenter.org/>

They actively support and promote fair housing through education, advocacy and litigation, to the end that all persons have the opportunity to secure the housing they desire and can afford.

Los Angeles County Development Authority

(800) 731-4663

<https://wwwb.lacda.org/public-housing/how-to-apply>

Low Income Housing Information and application.

Los Angeles County Helps

(877) 428-8844

<https://housing.lacounty.gov/>

This community resource helps people list and locate housing in the County of Los Angeles, including affordable, special needs, emergency housing, and more. Listing and searches are free.

Los Angeles Housing + Community Investment Department Hotline

(866) 557-7368

<https://hcidla.lacity.org/online-services>

Information about accessible housing, community services, residents, property owners, supportive housing, etc.

US Dept of Housing and Urban Development

(213) 894-8000

<https://www.hud.gov/>

The Department of Housing and Urban Development administers programs that provide housing and community development assistance.

IMMIGRATION

U.S. Citizenship & Immigration Services L.A. County Field Office

(800) 375-5283

300 N. Los Angeles St.

Los Angeles, CA 90012

<https://www.uscis.gov/about-us/find-a-uscis-office/field-offices/california-los-angeles-county-field-office>

Legal resources, information and services on citizenship, green card and immigration.

SAFETY & VICTIMS' SERVICES

Los Angeles Commission on Assaults Against Women.

(213) 626-3393

www.peaceoverviolence.org

The Los Angeles County Commission for Women seeks to represent the interest and concerns of women of all races, ethnic and social backgrounds, religious convictions, sexual orientation and social circumstances.

<http://publichealth.lacounty.gov/dvcouncil>
Los Angeles County Domestic Violence Hotline can help victims, survivors of domestic violence. For more information visit their website.

LA County District Attorney's Bureau of Victims Services – City of Los Angeles

(800) 380-3811

210 W Temple St., Ste 12-514

Los Angeles, CA 90012

<https://da.lacounty.gov/victims>

Victim services representatives work in courthouses and police stations, providing an array of services to help victims become survivors. Staff members are available to assist victims in several languages. Program services are provided free of charge and there is no legal residency or citizenship requirement.

National Domestic Violence Hotline

(800) 799-7233

<https://www.thehotline.org/>

National Domestic Violence Hotline can help victims, survivors of domestic violence. Call or chat with an advocate on their website.

Reporting Illegal Firearms Activity

(800)-283-4867

<https://www.atf.gov/contact>

Call to report any illegal firearm activity.

Sexual Assault Telephone Hotline

(800) 656- 4673

<https://www.rainn.org/about-national-sexual-assault-telephone-hotline>

The National Sexual Assault Hotline is a safe, confidential service. Calling the National Sexual Assault Hotline gives you access to a range of free confidential and supportive services.

Los Angeles County Domestic Violence Hotline

(800) 978-3600

PET SERVICES

Low Cost Pet Vaccines of Los Angeles

(818) 478-2403

www.lowcostpetvaccines.com

17400 Victory Blvd., Van Nuys, CA 91406
Vaccines, Microchips, Deworming & Flea Treatment for Dogs, Cats, Kittens, Puppies and Rabbits. Se habla Español.

Pet Cure Veterinary Center

(818) 996-0000

www.petcurevet.com

18205 Sherman Way, Reseda, CA 91335
Pet Cure Veterinary Center is proud to serve Reseda, CA and surrounding areas. We are dedicated to providing the highest level of veterinary medicine along with friendly, compassionate service. We believe in treating every patient as if they were our own pet, and giving them the same loving attention and care.

Winnetka Animal Clinic

(818)-341-8373

www.winnetkaanimalclinic.com

20203 Saticoy St., Canoga Park, CA 91306
We pride ourselves on the personal, one-on-one relationships we establish with our clients and their beloved pets. Caring for dogs, cats, and some pocket pets, we specialize in wellness exams, diagnostics, spays/neuters, and year-round flea control programs. For more information about Winnetka Animal Clinic, or to make an appointment for your pet, we invite you to contact us today. A friendly member of our staff will be glad to assist you.

West Valley Animal Shelter

(888) 452-7381

<https://www.laanimalservices.com/west-valley>

20655 Plummer St., Chatsworth, CA 91311
Open Tuesdays through Sundays without appointment except for surrenders. Sick or injured animals will be admitted without an appointment. Please reconsider surrendering your pet to a shelter as the six City shelters continue to operate at max capacity. LA Animal Services offers alternative solutions to help keep pets and families together, that include Safety Net Foster, Home to Home, Pet Food Pantry, and helpful resource guides, and we work closely with intervention groups who will provide assistance with pet retention. If relinquishing your pet is the only option, schedule an appointment by calling during business hours.

East Valley Animal Shelter

(888) 452-7381

www.laanimalservices.com/east-valley

14409 Vanowen St., Van Nuys, CA 91405
Open Tuesdays through Sundays without appointment except for surrenders. Sick or injured animals will be admitted without an appointment. Please reconsider surrendering your pet to a shelter as the six City shelters continue to operate at max capacity. LA Animal Services offers alternative solutions to help keep pets and families together, that include Safety Net Foster, Home to Home, Pet Food Pantry, and helpful resource guides, and we work closely with intervention groups who will provide assistance with pet retention. If relinquishing your pet is the only option, schedule an appointment by calling during business hours.

OTHER

**Department of Public Social Services
County of Los Angeles**

(866) 613-3777

17600 Santa Fe Ave.

Rancho Dominguez, CA 90221

<http://dpss.lacounty.gov/>

*Information on Public Social Services for the
County of Los Angeles.*

Social Security Administration

(800) 772-1213

611 W 6th St.

Los Angeles, CA, 90017

<https://www.ssa.gov/>

*Information regarding Social Security
number, benefits, Medicare, survivors,
disability, etc.*

**Watts Office – Social Security
Administration**

(877) 836-1558 General Information

(800) 772-1213 National Toll-Free Number

12429 S. Avalon Blvd.

Los Angeles, CA 90061

www.ssa.gov

*The agency administers and provides
retirement benefits, disability benefits,
survivors benefits, Medicare coverage, and
Supplemental Security Income (SSI) for US
citizens. It operates a regional teleservice
center and 34 local offices.*



WORKFORCE TRAINING



Build West Valley WorkSource Center

(818) 701-9800

9301 Oakdale Ave. Ste 160

Chatsworth, CA 91311

<https://buildworksource.com>

The Build West Valley WorkSource Center is federally funded through the City of Los Angeles Workforce Development Board. As a result of the Workforce Innovation and Opportunity Act, the Center provides no cost business services and resources for individuals seeking jobs and employers seeking quality candidates.

Canoga Park South Valley WorkSource Center

(818) 596-4448

21010 Vanowen St.

Canoga Park, CA 91303

<https://www.careeronestop.org/>

Work Source centers offers a full range of jobseeker and employer services such as career searches, resume and interview help, and job training.

General Assembly

(DTLA) 360 E. 2nd St. Suite 400

Los Angeles, CA 90012

(Santa Monica) 1520 2nd St.

Santa Monica, CA 90401

<https://generalassemb.ly>

General Assembly is a pioneer in education and career transformation, specializing in today's most in-demand skills. The leading source for training, staffing and career transitions, we foster a flourishing community of professionals pursuing careers they love.

Mid-Valley Regional Library

(818) 895-3650

16244 Nordhoff St.

North Hills, CA 91343

<https://www.lapl.org/branches/mid-valley>

Every day, for 35 years, we have helped adults just like you meet their literacy goals. Some goals include learning to vote, reading a newspaper, helping children with homework, using a computer, and getting a better job.

West Valley Occupational Center

(818) 346-3540

6200 Winnetka Ave.

Woodland Hills, CA 91367

<https://www.wvoc.net/>

Welcome to West Valley Occupational Center, a school in the Division of Adult and Career Education of Los Angeles Unified School District. We have been providing high-quality, low-cost education and training to residents of the San Fernando Valley since 1965. Students can learn English, prepare for the High School Equivalency Test, earn a high school diploma, prepare for a new career, or upgrade skills for an existing career. Your future starts here!

West Valley Regional Branch Library

(818) 345-9806

19036 Vanowen St.

Reseda, CA 91335

<https://www.lapl.org/branches/west-valley>

The project provides adult education services for adults aged 18 and older. Services include adult literacy programs, citizenship education, literacy volunteer opportunities, and tutorial services